Community Renewal Team

Changing lives... Creating opportunity!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
6/20 Turkey, Turkey Ham & Cheese – 2 oz. WG Sliced Bread – 2 ea. Mayonnaise – 1 pkt. Fresh Fruit – 1 pc.=1/2 c. Grape Tomatoes with Ranch Dressing-1/2 c/1 pkt. 1% Milk – 8 oz.	**21** Breaded Chicken & Cheese Wrap: 1 ½ oz. Meat + ½ oz. Cheese 1 Whole Grain Wrap -1 ¼ grain Saltines – 1 pkg. Applesauce – ½ cup Juice – ½ cup 1% Milk – 8 oz.	**22** Uncrustable Sun Butter & Jelly Sandwich – (1 oz. protein/ 1 ¼ grain) 1 each Cheddar Cheese Stick – 1 oz. Saltines – 1 pkg. Fresh Fruit – 1 pc.=1/2 cup Juice – ½ cup 1% Milk – 8 oz.	**23** Turkey, Ham & Cheese Wrap 1 ½ oz. Meat + ½ oz. Cheese 1 Whole Grain Wrap – 1 ¼ Grain and Whole Grain Graham Crackers -1 pkg. Fresh Fruit – 1 pc.=1/2 cup Juice – ½ cup 1% Milk – 8 oz.	**24** Tuna Fish – 2Oz. On a Whole Grain Bun – 1 Celery Sticks – ½ cup with Ranch Dressing – 1 pc. Potato Chips – 1 pkg. Fresh Fruit – 1 pc.=1/2 cup 1% Milk – 8 oz.
27 Breaded Chicken Filet – 2 oz. Leaf Lettuce – ½ cup Mayonnaise/Mustard – 1 pkt. ea. Roll – 1 ea. Assorted Juice – ½ cup Fresh Fruit – 1 pc.=1/2 cup 1% Milk – 8 oz.	**28** Turkey, Turkey Pepperoni & Cheese - 2 oz. Whole Grain Roll – 1 ea. Mayonnaise – 1 pkt. Sliced Cucumber – ¼ cup Fresh Fruit – 1 pc.=1/2 c. 1% Milk – 8 oz.	**29** Whole Grain Cheese Pizza or Whole Grain Turkey Pepperoni & Cheese Pizza Cheese or Meat/Cheese-2 oz Whole Grain Pizza Bread -2 oz. Carrots – ¼ cup with Ranch Dressing – 1 pkt. Fresh Fruit – 1 pc.=1/2 cup 1% Milk	**30** Turkey Ham & Cheese = 2 oz. WG Croissant – 1 each Mayonnaise – 1 pkt. Carrots w/Ranch Dressing -1/4 cup/1 pkt. Fresh Fruit – 1 pc. = ½ cup 1% Milk – 8 oz.	**7/1** Buffalo Chicken Breast – 2 oz. Sliced American Cheese – 1 oz. Leaf Lettuce – 1 leaf Sliced Tomatoes – ¼ cup Fresh Fruit – 1 pc. = ½ cup Roll – 1 each Mayonnaise – 1 pkt. 1% Milk – 8 oz.
4 ***Closed*** ***in observance of*** ***4th of July!!!***	**5** Turkey Club Combo = 2 oz. WG Sliced Bread – 2 each Mayonnaise – 1 pkt. Grape Tomatoes w/Ranch Dressing – ¼ cup/1 pkt. Fresh Fruit – 1 pc.=1/2 cup 1% Milk – 8 oz.	**6** Turkey, Turkey Ham & Cheese – 2 oz. WG Sliced Bread – 2 ea. Mayonnaise – 1 pkt. Fresh Fruit – 1 pc.=1/2 c. Grape Tomatoes with Ranch Dressing-1/2 c/1 pkt. 1% Milk – 8 oz.	**7** Breaded Chicken & Cheese Wrap: 1 ½ oz. Meat + ½ oz. Cheese 1 Whole Grain Wrap -1 ¼ grain Saltines – 1 pkg. Applesauce – ½ cup Juice – ½ cup 1% Milk – 8 oz.	**8** Uncrustable Sun Butter & Jelly Sandwich – (1 oz. protein/ 1 ¼ grain) 1 each Cheddar Cheese Stick – 1 oz. Saltines – 1 pkg. Fresh Fruit – 1 pc.=1/2 cup Juice – ½ cup 1% Milk – 8 oz.

Please Note: Juices will include Orange, Apple, Pineapple, Grape and 100% Fruit Juice. All Juices are 100%.
Fresh Fruit will include Oranges, Apples, Peaches, Plums, Nectarines, Banana, Kiwi and Pears.
Canned Fruit will include peaches, pears, pineapple tidbits, mandarin oranges and mixed fruit.
All Muffins are 2 oz. and all Bagel are 2 oz.
All Milk is 1% white.

Community Renewal Team

Changing lives... Creating opportunity!

11 Turkey, Ham & Cheese Wrap 1 ½ oz. Meat + ½ oz. Cheese 1 Whole Grain Wrap – 1 ¼ Grain and Whole Grain Graham Crackers -1 pkg. Fresh Fruit – 1 pc.=1/2 cup Juice – ½ cup 1% Milk – 8 oz.	**12** Tuna Fish – 20z. On a Whole Grain Bun – 1 Celery Sticks – ½ cup with Ranch Dressing – 1 pc. Potato Chips – 1 pkg. Fresh Fruit – 1 pc.=1/2 cup 1% Milk – 8 oz.	**13** Breaded Chicken Filet – 2 oz. Leaf Lettuce – ½ cup Mayonnaise/Mustard – 1 pkt. ea. Roll – 1 ea. Assorted Juice – ½ cup Fresh Fruit – 1 pc.=1/2 cup 1% Milk – 8 oz.	**14** Turkey, Turkey Pepperoni & Cheese - 2 oz. Whole Grain Roll – 1 ea. Mayonnaise – 1 pkt. Sliced Cucumber – ¼ cup Fresh Fruit – 1 pc.=1/2 c. 1% Milk – 8 oz.	**15** Whole Grain Cheese Pizza or Whole Grain Turkey Pepperoni & Cheese Pizza Cheese or Meat/Cheese-2 oz Whole Grain Pizza Bread -2 oz. Carrots – ¼ cup with Ranch Dressing – 1 pkt. Fresh Fruit – 1 pc.=1/2 cup 1% Milk – 8 oz.
18 Turkey Ham & Cheese = 2 oz. WG Croissant – 1 each Mayonnaise – 1 pkt. Carrots w/Ranch Dressing -1/4 cup/1 pkt. Fresh Fruit – 1 pc. = ½ cup 1% Milk – 8 oz.	**19** Buffalo Chicken Breast – 2 oz. Sliced American Cheese – 1 oz. Leaf Lettuce – 1 leaf Sliced Tomatoes – ¼ cup Fresh Fruit – 1 pc. = ½ cup Roll – 1 each Mayonnaise – 1 pkt. 1% Milk – 8 oz.	**20** Turkey Club Combo = 2 oz. WG Sliced Bread – 2 each Mayonnaise – 1 pkt. Grape Tomatoes w/Ranch Dressing – ¼ cup/1 pkt. Fresh Fruit – 1 pc.=1/2 cup 1% Milk – 8 oz.	**21** Turkey, Turkey Ham & Cheese – 2 oz. WG Sliced Bread – 2 ea. Mayonnaise – 1 pkt. Fresh Fruit – 1 pc.=1/2 c. Grape Tomatoes with Ranch Dressing-1/2 c/1 pkt. 1% Milk – 8 oz.	**22** Breaded Chicken & Cheese Wrap: 1 ½ oz. Meat + ½ oz. Cheese 1 Whole Grain Wrap -1 ¼ grain Saltines – 1 pkg. Applesauce – ½ cup Juice – ½ cup 1% Milk – 8 oz.
25 Uncrustable Sun Butter & Jelly Sandwich – (1 oz. protein/ 1 ¼ grain) 1 each Cheddar Cheese Stick – 1 oz. Saltines – 1 pkg. Fresh Fruit – 1 pc.=1/2 cup Juice – ½ cup 1% Milk – 8 oz.	**26** Turkey, Ham & Cheese Wrap 1 ½ oz. Meat + ½ oz. Cheese 1 Whole Grain Wrap – 1 ¼ Grain and Whole Grain Graham Crackers -1 pkg. Fresh Fruit – 1 pc.=1/2 cup Juice – ½ cup 1% Milk – 8 oz.	**27** Tuna Fish – 20z. On a Whole Grain Bun – 1 Celery Sticks – ½ cup with Ranch Dressing – 1 pc. Potato Chips – 1 pkg. Fresh Fruit – 1 pc.=1/2 cup 1% Milk – 8 oz.	**28** Breaded Chicken Filet – 2 oz. Leaf Lettuce – ½ cup Mayonnaise/Mustard – 1 pkt. ea. Roll – 1 ea. Assorted Juice – ½ cup Fresh Fruit – 1 pc.=1/2 cup 1% Milk – 8 oz.	**29** Turkey, Turkey Pepperoni & Cheese - 2 oz. Whole Grain Roll – 1 ea. Mayonnaise – 1 pkt. Sliced Cucumber – ¼ cup Fresh Fruit – 1 pc.=1/2 c. 1% Milk – 8 oz.

Please Note: Juices will include Orange, Apple, Pineapple, Grape and 100% Fruit Juice. All Juices are 100%.
Fresh Fruit will include Oranges, Apples, Peaches, Plums, Nectarines, Banana, Kiwi and Pears.
Canned Fruit will include peaches, pears, pineapple tidbits, mandarin oranges and mixed fruit.
All Muffins are 2 oz. and all Bagel are 2 oz.
All Milk is 1% white.

Community Renewal Team

Changing lives... Creating opportunity!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Whole Grain Cheese Pizza or Whole Grain Turkey Pepperoni & Cheese Pizza Cheese or Meat/Cheese-2 oz Whole Grain Pizza Bread -2 oz. Carrots – ¼ cup with Ranch Dressing – 1 pkt. Fresh Fruit – 1 pc.=1/2 cup 1% Milk – 8 oz.	**2** Turkey Ham & Cheese = 2 oz. WG Croissant – 1 each Mayonnaise – 1 pkt. Carrots w/Ranch Dressing -1/4 cup/1 pkt. Fresh Fruit – 1 pc. = ½ cup 1% Milk – 8 oz.	**3** Buffalo Chicken Breast – 2 oz. Sliced American Cheese – 1 oz. Leaf Lettuce – 1 leaf Sliced Tomatoes – ¼ cup Fresh Fruit – 1 pc. = ½ cup Roll – 1 each Mayonnaise – 1 pkt. 1% Milk – 8 oz.	**4** Turkey Club Combo = 2 oz. WG Sliced Bread – 2 each Mayonnaise – 1 pkt. Grape Tomatoes w/Ranch Dressing – ¼ cup/1 pkt. Fresh Fruit – 1 pc.=1/2 cup 1% Milk – 8 oz.	**5** Turkey, Turkey Ham & Cheese – 2 oz. WG Sliced Bread – 2 ea. Mayonnaise – 1 pkt. Fresh Fruit – 1 pc.=1/2 c. Grape Tomatoes with Ranch Dressing-1/2 c/1 pkt. 1% Milk – 8 oz.
8 Breaded Chicken & Cheese Wrap: 1 ½ oz. Meat + ½ oz. Cheese 1 Whole Grain Wrap -1 ¼ grain Saltines – 1 pkg. Applesauce – ½ cup Juice – ½ cup 1% Milk – 8 oz.	**9** Uncrustable Sun Butter & Jelly Sandwich – (1 oz. protein/ 1 ¼ grain) 1 each Cheddar Cheese Stick – 1 oz. Saltines – 1 pkg. Fresh Fruit – 1 pc.=1/2 cup Juice – ½ cup 1% Milk – 8 oz.	**10** Turkey, Ham & Cheese Wrap 1 ½ oz. Meat + ½ oz. Cheese 1 Whole Grain Wrap – 1 ¼ Grain and Whole Grain Graham Crackers -1 pkg. Fresh Fruit – 1 pc.=1/2 cup Juice – ½ cup 1% Milk – 8 oz.	**11** Tuna Fish – 2Oz. On a Whole Grain Bun – 1 Celery Sticks – ½ cup with Ranch Dressing – 1 pc. Potato Chips – 1 pkg. Fresh Fruit – 1 pc.=1/2 cup 1% Milk – 8 oz.	**12** Breaded Chicken Filet – 2 oz. Leaf Lettuce – ½ cup Mayonnaise/Mustard – 1 pkt. ea. Roll – 1 ea. Assorted Juice – ½ cup Fresh Fruit – 1 pc.=1/2 cup 1% Milk – 8 oz.
15 Turkey, Turkey Pepperoni & Cheese - 2 oz. Whole Grain Roll – 1 ea. Mayonnaise – 1 pkt. Sliced Cucumber – ¼ cup Fresh Fruit – 1 pc.=1/2 c. 1% Milk – 8 oz.	**16** Whole Grain Cheese Pizza or Whole Grain Turkey Pepperoni & Cheese Pizza Cheese or Meat/Cheese-2 oz Whole Grain Pizza Bread -2 oz. Carrots – ¼ cup with Ranch Dressing – 1 pkt. Fresh Fruit – 1 pc.=1/2 cup 1% Milk – 8 oz.	**17** Turkey Ham & Cheese = 2 oz. WG Croissant – 1 each Mayonnaise – 1 pkt. Carrots w/Ranch Dressing -1/4 cup/1 pkt. Fresh Fruit – 1 pc. = ½ cup 1% Milk – 8 oz.	**18** Buffalo Chicken Breast – 2 oz. Sliced American Cheese – 1 oz. Leaf Lettuce – 1 leaf Sliced Tomatoes – ¼ cup Fresh Fruit – 1 pc. = ½ cup Roll – 1 each Mayonnaise – 1 pkt. 1% Milk – 8 oz.	**19** Turkey Club Combo = 2 oz. WG Sliced Bread – 2 each Mayonnaise – 1 pkt. Grape Tomatoes w/Ranch Dressing – ¼ cup/1 pkt. Fresh Fruit – 1 pc.=1/2 cup 1% Milk – 8 oz.

Please Note: Juices will include Orange, Apple, Pineapple, Grape and 100% Fruit Juice. All Juices are 100%.
Fresh Fruit will include Oranges, Apples, Peaches, Plums, Nectarines, Banana, Kiwi and Pears.
Canned Fruit will include peaches, pears, pineapple tidbits, mandarin oranges and mixed fruit.
All Muffins are 2 oz. and all Bagel are 2 oz.
All Milk is 1% white.