

MIDDLETOWN



Prime Times

A Monthly Publication of Programming, Events, and News for Middletown Residents 60+

61 Durant Terrace

(860) 638-4540

www.middletownct.gov/seniors

APRIL 2017



Tuesday, May 2nd 10am-1pm

3rd Annual Senior Services Expo

May is Older Americans Month. To celebrate, each year we host a large expo featuring local businesses, non-profits, city, state, and federal agencies that have services for Middletown's older adults.

Admission is free, but pre-registration is required. Registration Code: 661049-2

The doors will NOT be open before 10. Absolutely NO early birds. The vendors need time to get their tables set-up.

Continental refreshments will be served in the morning, and a small cookout meal will be served at 1pm. Please carpool or use our enhanced dial-a-ride service. Middletown Area Transit 860-347-3313. Reservations for transportation are required.

More information will be released throughout April. **NO OTHER ACTIVITIES WILL BE RUNNING ON MAY 2ND.**

Early Bird Dinner April 13th at 3pm



This month's early bird dinner is baked ham.

The dinner includes ham, macaroni and cheese, drink, and dessert. \$5 pre-registration is required.



Rock-N-Roll Night Friday, April 21st 5:30pm-8pm

The Whiskey Rebels trio is back by request! You might remember them from the Senior Center month celebration dinner in September!

Dinner will be pork roast, potato, vegetable, and dessert. \$7 pre-registration is required. Night events tend to fill-up quickly and space is limited, so register early so you don't miss out! **Absolutely no entry before 5:15pm.**

Military Whist Card Party May 12th 5pm

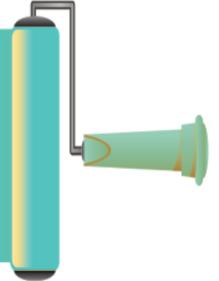


Doors open at 5pm for a light dinner of finger sandwiches and chips. **Cards start at 6pm.** \$6 pre-registration fee. No experience necessary.

LET US *carry*
YOUR MESSAGE
TO *Senior*
THE *Community*



SUPPORT THE **ADVERTISERS**
THAT SUPPORT OUR COMMUNITY



WE'RE HIRING AD SALES EXECUTIVES



- Full Time Position with Benefits
- Sales Experience Preferred
- Paid Training
- Overnight Travel Required
- Expense Reimbursement

CONTACT US AT
careers@4LPi.com
www.4LPi.com/careers

RAYMOND G. LEFOLL

TAMMY L. LEFOLL

LEFOLL & LEFOLL, LLC

ATTORNEYS AT LAW

Let our family protect yours

- Wills and Trusts • Elder Law • Power of Attorney
- Probate • Living Will • Real Estate
- Appointment of Health Care Representative

2301 Silas Deane Hwy.

P.O. Box 727 • Rocky Hill, CT 06067

860-563-2355 Phone • 860-257-4129 Fax

www.lefoll.com

COUGHLIN LASTRINA

Funeral Home

Sebastian
Lastrina

Director

860-346-5439

491 High Street
Middletown, CT 06457

THE J.J.

VINCI OIL CO.

Celebrating Our 82nd Year!!!

Family Owned and Operated

Cash Discounts

CRT Fuel Oil Programs Participants

MasterCard & Visa Accepted

1000 Newfield St., Middletown, CT

860-632-2333

LET US PLACE
YOUR AD
HERE.

THIS SPACE IS
AVAILABLE

APPLE REHAB

Middletown

Call today for a tour!

Eleanor Ferrara-Anderson
Director of Admissions

**APPLE REHAB
MIDDLETOWN**

600 Highland Ave., Middletown, CT 06457

860.347.3315

Uncompromised Living. Uncompromised
Care. That's our **promise** to you.

Specializing in:

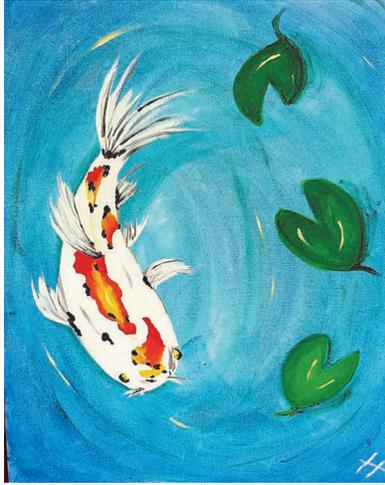
- Short term Rehabilitation
- Orthopedic Rehabilitation
- Long term Living

Accepting Majority of
HMO & Managed Medicare



**Acrylics &
Appetizers
April 7th at 5:30pm**

This month's painting will be a Spring theme. Come socialize and have fun with friends! Get into the spirit of Spring! Absolutely no experience is needed. Register early so you don't miss out! \$10 for residents / \$12 for non-residents. Heidi will be leading this program.



**Drumming for Health
April 25th at 3pm**

In addition to being a fun activity, drumming actually provides better flexibility and blood flow to the arms, hands, and wrists. It's a great form of expression! Give it a try and be amazed at the rhythm we can create together. Due to the demand, we have decided to run this program each month. FREE but pre-registration is required for each class.



Upcoming dates;
May 24th & June 29th

**Egg Breakfast
April 19th at 9:30am**

This month's breakfast is eggs with a side of bacon and a fruit cup. \$3 and pre-registration is required.



**Pokeno
April 20th at 2pm**

Playing Pokeno is very similar to bingo. Instead of numbers being called, playing cards are called (Ex. Queen of Hearts). Refreshments will be served. \$1 pre-registration.



Prizes are grocery type items.

**Guided Tour
April 12th 1pm**

We will be offering a guided tour of our center. If you haven't seen our center and are considering membership, this is for you!

**Scrabble
April 21st at 1:30pm**

Come alone or come with a group to play this old classic and socialize with friends. There will be snacks!! FREE—Please pre-register.

Show Trip Tickets Still Available

Bushnell: \$39/Res \$45/NR
King & I (6/3) & Fun Home (6/24)

Ivoryton Playhouse: \$40/Res \$50/NR
Million Dollar Quartet (6/14), West Side Story (7/19), Saturday Night Fever (8/23), The Game's Afoot (11/15)

April 21st 9am-11am Manicures



Treat Yourself! Don't miss out on this amazing service provided at our center by Vinal Technical High School students! FREE—Please pre-register.



Tech Support/Computer Training

If you need some technical assistance or help brushing up on your computer skills, this program is for you! This helpful service is provided at our center by Vinal Technical High School students! FREE—Please pre-register.

Poker—7 Card Stud April 10th at 1:30pm

Absolutely no experience necessary. We have a volunteer dealer so there is no pressure, just fun!

Whether you want to learn or just want to play with friends, this is for you!

FREE—Please pre-register.

Space is limited.



April Birthday Party April 17th at 1:30pm

Sponsored by Water's Edge Center for Health and Rehabilitation. We are celebrating March Birthdays. All are welcome. FREE

Senior Haircuts

Friday, April 28th 10am-12pm

Sponsored by Water's Edge Center for Health and Rehabilitation & Constellation Home Care. \$3—Appointment Required. Services provided by the International Institute of Cosmetology. **Sign-ups begin on April 13th. Residents only.**

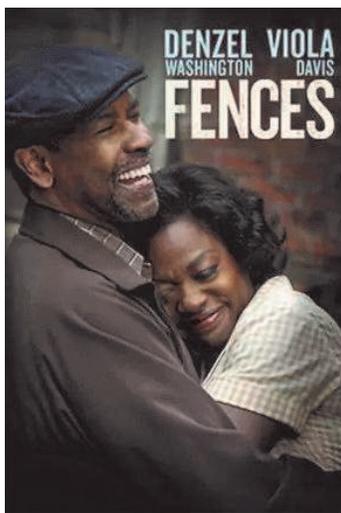


Pizza & A Movie April 6th at 1:30pm

This month's movie is "Fences" starring Denzel Washington and Viola Davis. PG-13 2:18 min.

A working-class African-American father tries to raise his family in the 1950s, while coming to terms with the events of his life.

\$2 pre-registration includes cheese pizza.



Left, Right, Center Game April 7th at 2:30pm

This fun dice game is entirely based on chance. The player with the most chips will go home with a gift card. \$2 please pre-register.



Baking Class April 18th 2pm

This month's baking project is learning how to make pina colada muffins. \$3 pre-registration.

Take home what you make!!!

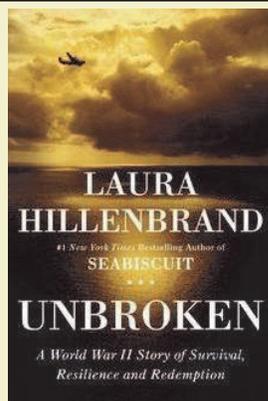


Poker Texas Hold'em April 19th at 1:30pm



Texas Hold'em is a community card poker game, with game play focused as much on the betting as on the cards being played. The goal is simple: win as many chips as you can, one pot at a time. You win a pot by having the best hand, or by having all other players fold before the showdown. No Experience Necessary. We will have card dealers for the entire game. FREE -Please pre-register.

April Book Club April 24th at 2:30pm



This month's book is "Unbroken" by Laura Hillenbrand. *Unbroken* is a biography of World War II hero Louis Zamperini, a former Olympic track star who survived a plane

crash in the Pacific theater, spent 47 days drifting on a raft, and then survived more than two and a half years as a prisoner of war in three brutal Japanese prisoner-of-war camps.. \$3 used books are available at the front desk for purchase. This club will meet to discuss the book on Monday, April 24th at 2:30.

NEW Acrylic Painting Class 8 Week Session Beginning 4/18 Tuesdays 1-3pm

Please join us in welcoming local artist, Karen Jaime as our new painting instructor. Karen owns Wepa Art Studio in Meriden.



The first 8 week session offered will be acrylics. The cost is \$12. Basic starter supplies will be provided. Please feel free to bring your own supplies. No experience necessary.



Space is limited. Please register in advance.

Light, no pressure class atmosphere.

Root Beer Float Social April 27th 2:30pm

Socialize and enjoy a delicious root beer float.

Live musical entertainment. \$2 and pre-registration is required. Space is limited, so sign-up early.



Card Sharks April 4th at 2:30pm



This game has two contestants compete for control of a row of oversized playing cards by answering questions posed by the host and then guessing if the next card is higher or lower in value than the previous one. Prizes will be grocery items. This program is Free, but pre-registration is required.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9:00 Exercise 9-3 Massage Therapy 10:30 Tai Chi 12:00 Lunch 12:30 Ceramics 1:30-2:45 Dancing for Joy</p>	<p>9:00 Foxwoods Casino 9:30 Zumba (DVD) 9:30 Hand, Elbow, Foot Card Game 11:00 Guided Meditation with Elizabeth 12:30 Movie 1:00 Therapeutic Fitness 2:30 Card Sharks 2:30-4 Ping Pong</p>	<p>9:00-9:45 Exercise 10:00 Yoga 10:30-12 Coloring Club 12:00 Lunch 12:30 Ceramics 1:00 Bingo 1:00 Beginner Billiard Lessons 4:30 Zumba with Bri May 2017 Lottery Begins</p>	<p>9:00 Norman Rockwell Museum/Theodor's Boozie Blues & BBQ 9:00-12:00 Mahjong 10:00 Exercise 12:00-1:00 Blood Pressure Clinic 12:30 Arthritis Exercise 12:30 Cards (Setback) 1:00 Fun with Yarn Knitting/Crocheting 1:30 Get Tough Exercise 1:30 Pizza and A Movie 2:45 Line Dancing with Jim</p>	<p>9:30 Zumba (DVD) 10:30-12 Coloring Club 11:00 Guided Meditation with Elizabeth 12:00 Lunch 1:00-4:00 Artist Co-op 1:00 Bingo 2:30 LRC 5:30 Acrylics & Apps</p>
<p>9:00 Exercise 10:30 Tai Chi 12:00 Lunch 12:30 Ceramics 1:00 Middletuners 1:30-2:45 Dancing for Joy 1:30 7 Card Stud Poker</p>	<p>9:30 Zumba (DVD) 9:30 Hand, Elbow, Foot Card Game 10 Tanager's Outlet 11:00 Guided Meditation with Elizabeth 12:30 Movie 1:00 Therapeutic Fitness 1:30 AARP #3394 Membership Meeting 2:30-4 Ping Pong</p>	<p>9:00-9:45 Exercise 9-3 Foot Care 10:00 Yoga 10:30-12 Coloring Club 12:00 Lunch 12:30 Ceramics 1:00 Bingo 1:00 Beginner Billiard Lessons 1:00 Guided Tour 4:30 Zumba with Bri</p>	<p>9:00 Mohegan Sun 9:00-12:00 Mahjong 10:00 Exercise 12:00-1:00 Blood Pressure Clinic 12:00 Lunch 12:30 Arthritis Exercise 12:30 Cards (Setback) 1:00 Fun with Yarn Knitting/Crocheting 1:30 Get Tough Exercise 2:45 Line Dancing with Jim 3:00 Early Bird Ham Dinner May 2017 Lottery Ends</p>	<p>CLOSED Good Friday</p>
<p>9:00 Exercise 10:30 Tai Chi 12:00 Lunch 12:30 Ceramics 1:30 April Birthday Party 1:30-2:45 Dancing for Joy 2:30 25K Pyramid</p>	<p>9:00 Foxwoods Casino 9:30 Hand, Elbow, Foot Card Game 9:30 Zumba (DVD) 11:00 Guided Meditation with Elizabeth 12:30-1:30 Sing Along with Barbara 1:00-3:00 Acrylics Class</p>	<p>9:00-9:45 Exercise 9:30 Egg Breakfast 10:00 Yoga 10:30-12 Coloring Club 12-1 Hearing Screening by Beitone N.E. Richard Lastrina 12:00 Lunch 12:30 Ceramics 1:00 Bingo 4:30 Tanager's Outlet</p>	<p>9:00-12:00 Mahjong 10:00 Brass Bill Center Mall 10:00 Exercise 12:00-1:00 Blood Pressure Clinic 12:30 Arthritis Exercise 12:30 Cards (Setback) 1:00 Fun with Yarn Knitting/Crocheting 1:30 Get Tough Exercise</p>	<p>9-11 Manicures 9-11 Tech Support/Computer Training 9:30 Zumba (DVD) 10:30-12 Coloring Club 11:00 Guided Meditation with Elizabeth 12:00 Lunch 1:00 Bingo 1:00 Advanced Billiard Lessons</p>

OPEN MRI OF CONNECTICUT

OPEN MRI OF MIDDLETOWN

Metro Square, 140 Main Street, Middletown

(860) 346-7400

"Where caring is all that surrounds you."

also located at:

Buckland Hills

Enfield

Glastonbury

860-648-4674

860-745-2288

860-657-2242

LET US PLACE YOUR
AD HERE.

<p>1:30 Texas Hold'em 4:30 Zumba with Bri</p>	<p>1:30 Get Tough Exercise 2:00 Pokeno 2:45 Line Dancing with Jim</p>	<p>1:30 Texas Hold'em 4:30 Zumba with Bri</p>	<p>1:30 Baking with Ann 2:30-4 Ping Pong</p>	<p>9:00 Exercise 10:30 Tai Chi 12:00 Lunch 12:30 Ceramics 1:00 Middletuners 1:30-2:45 Dancing for Joy 2:00 Boggle 2:30 Book Club Meeting</p>
<p>9:30 Zumba (DVD) 10-12 Senior Haircuts 10:30-12 Coloring Club 11:00 Guided Meditation with Elizabeth 12:00 Lunch 1:00 Bingo 1:00 Advanced Billiard Lessons 1:30 Cribbage 1:30 Craft with Heidi</p>	<p>9:00-12:00 Mahjong 10:00 Exercise 10:00 Mystic Village Shops 12:00-1:00 Blood Pressure Clinic 12:30 Arthritis Exercise 12:30 Cards (Setback) 1:00 Fun with Yarn Knitting/Crocheting 1:30 Get Tough Exercise 2:30 Root Beer Float Social 2:45 Line Dancing with Jim</p>	<p>9:00-9:45 Exercise 9-3 Footcare 10:00 Yoga 10:30-12 Coloring Club 12:00 Lunch 12:30 Ceramics 1:00 Bingo 4:30 Zumba with Bri</p>	<p>9:30 Hand, Elbow, Foot Card Game 9:30 Zumba 10:00 Florence Griswold Museum/ Parthenon Diner 11:00 Guided Meditation with Elizabeth 1:00-3:00 Acrylics Class 1:00 Therapeutic Fitness 2:30-4 Ping-Pong 3:00 Drumming for Health 6:30 Civitan Bingo</p>	<p>9:00 Exercise 10:30 Tai Chi 12:00 Lunch 12:30 Ceramics 1:00 Middletuners 1:30-2:45 Dancing for Joy 2:00 Boggle 2:30 Book Club Meeting</p>
<p>9:00-12:00 Mahjong 10:00 Exercise 10:00 Mystic Village Shops 12:00-1:00 Blood Pressure Clinic 12:30 Arthritis Exercise 12:30 Cards (Setback) 1:00 Fun with Yarn Knitting/Crocheting 1:30 Get Tough Exercise 2:30 Root Beer Float Social 2:45 Line Dancing with Jim</p>	<p>9:00-12:00 Mahjong 10:00 Exercise 10:00 Mystic Village Shops 12:00-1:00 Blood Pressure Clinic 12:30 Arthritis Exercise 12:30 Cards (Setback) 1:00 Fun with Yarn Knitting/Crocheting 1:30 Get Tough Exercise 2:30 Root Beer Float Social 2:45 Line Dancing with Jim</p>	<p>9:00-9:45 Exercise 9-3 Footcare 10:00 Yoga 10:30-12 Coloring Club 12:00 Lunch 12:30 Ceramics 1:00 Bingo 4:30 Zumba with Bri</p>	<p>9:30 Hand, Elbow, Foot Card Game 9:30 Zumba 10:00 Florence Griswold Museum/ Parthenon Diner 11:00 Guided Meditation with Elizabeth 1:00-3:00 Acrylics Class 1:00 Therapeutic Fitness 2:30-4 Ping-Pong 3:00 Drumming for Health 6:30 Civitan Bingo</p>	<p>9:00 Exercise 10:30 Tai Chi 12:00 Lunch 12:30 Ceramics 1:00 Middletuners 1:30-2:45 Dancing for Joy 2:00 Boggle 2:30 Book Club Meeting</p>

Please turn in your 2017 Registration Form!

You must have an up to date form on file or you will not receive the newsletter or be able to participate in activities. This is a condition of your membership.

Biega's Home for Funerals
Complete Funeral & Cremation Services
Pre-Need Counseling & Arrangements Available
(860) 346-1055
3 Silver Street, Middletown, CT 06457
Family Owned Since 1939

THIS SPACE IS AVAILABLE

Being Mortal May 4th 11am-1pm

Free film screening of Being Mortal—See this moving documentary, join the conversation with an on-site panel, and explore what matters to you. Complimentary pizza to be provided. Program co-sponsored by Sage Solutions Professional Care Management and Water's Edge Center for Health & Rehabilitation. Pre-registration is required. Seating limited.

Murder Mystery Dinner Party May 5th 5:30pm

Doors will open at 5:30 to dinner guests.

You won't want to miss this fun and interactive party where we work together to act out and solve the murder mystery. Joining us will be members of the WWMS Student Council.

Dinner will be chicken, potato, vegetable, and dessert. Please plan to stay for the duration of the party as you may play a critical role in the mystery. \$7 pre-registration is required.

Craft with Heidi April 28th 1:30pm Lavender Painting

All supplies provided.

\$4 pre-registration required.



Boggle April 24th 2pm

This is a fun game where you find as many words as you can in each 3 minute round. Snacks & Prizes included. \$1 pre-registration.

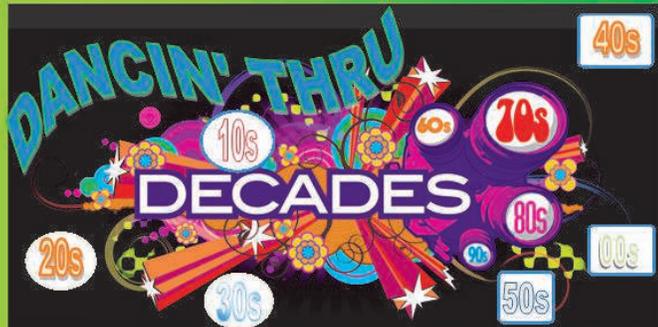


AARP DRIVER SAFETY AARP Safe Driving Classes 2017 Schedule

Tuesdays 12:30-4:30pm

May 16th, June 27th, September 26th, November Pre-registration required. \$15/ AARP members \$20/non-members. Check made out to: AARP

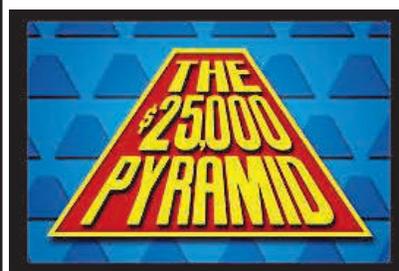
Middletown Unified Theater's



Written, Choreographed, Directed, and Produced by the Unified Theater Students!

\$1 for Seniors if you pre-register at the Senior & Community Center front desk. Choose the performance you plan to attend: April 5th at 7pm or April 6th at 7pm.

The performance will be at Middletown High School. Non-Refundable.



April 17th
2:30pm

\$1 pre-registration
Loads of fun!!!

April 20th



Coffee with Ann— at 10:30am. Discuss any suggestions for new activities, bus trips, etc.

Volunteer Club Meeting—at 11am. Find out ways you can get involved!





April Bus Trips



May Bus Trips

- 4th**—Foxwoods Casino (9-3:30) \$4
- 6th**—Norman Rockwell Museum/
Theodor's Booze Blues & BBQ (9-3) \$10
- 11th**—Tanger Outlets (Westbrook) (10-3) \$3
- 13th**—Mohegan Sun Casino (9-3) \$4
- 18th**—Foxwoods Casino (9-3:30) \$4
- 20th**—Brass Mill Center Mall (10-3:30) \$3
- 25th**—Florence Griswold Museum/
Parthenon Diner (10-3:30) \$6
- 27th**—Mystic Village Shops (10-3:30) \$4

- 2nd**— Mohegan Sun Casino (9-3) \$4
- 4th**— Christmas Tree Shop(Manchester)/
Dave & Buster's (10:30-3) \$3
- 9th**—Michael's Craft/Fishtale (10-3) \$3
- 11th**—Foxwoods Casino (9-3:30) \$4
- 16th**—TJMaxx & Nordstrom Rack (10-3) \$3
- 18th**—Plaza @ Buckland Hills/Olive Gar-
den (10-2:30) \$3
- 23rd**—Mohegan Sun Casino(9-3) \$4
- 25th**—Clinton Outlets / Chips Pub (10-3) \$3
- 30th**—Trader Joes, Talbots, LLBean
(Orange)/Bertucci's (9:30-3) \$4

We are currently looking for a part-time on call bus driver. A Class B CDL license with a f & p endorsement is needed. If you know anyone, send them our way to fill out an application

Bus Trip Sign Up Procedure

The bus trip lottery is open from April 5th—April 13th for May trips. No entries will be accepted after April 13th. All members selected in the lottery will be notified by April 18th. Payments are due by noon on April 20th. The lottery is only for members who are Middletown Residents.

Recurring Programs/Services

(F) =Free (\$) = Cost Associated

- | | |
|---|---|
| <ul style="list-style-type: none"> Arthritis Exercise—Thursdays at 12:30pm (F) Billiards—Anytime Bingo—Wednesdays & Fridays at 1pm (\$) Blood Pressure Clinic—Thursdays 12:00-1:00 (F) Book Club— (\$ for book) Cable TV—Anytime (F) Card Games—Setback Thursdays at 12:30pm, Hand, Elbow Foot Game Tuesdays at 9:30am, and Poker 3/13 at 1:30 and 3/29 at 1:30 Ceramics—Mondays & Wednesdays at 12:30pm (\$) Computers—Laptops are available for use anytime (F) Cribbage—Fridays at 1:30pm (F) Dancing for Joy—Mondays at 1:30pm (F) Exercise—Mondays & Wednesdays 9am & Thursdays 10am (F) Foot Care Clinic—2nd & 4th Wednesday 9am-3pm (\$) Fun with Yarn—Knitting/Crocheting on Thursdays at 1pm (F) Get Tough—Thursdays at 1:30pm (F) | <ul style="list-style-type: none"> Hearing Screening—3rd Wednesday of the month 12-1 (F) Sponsored by Beltone N.E. Lending Library—Anytime (F) Line Dancing—Thursdays at 2:45pm (F)
THIS IS A NEW TIME Mahjong—Thursdays 9am-12pm (F) Massage Therapy— 1st & 3rd Monday 9am-2:30pm (\$) Meditation—Tuesdays & Fridays at 11am led by Elizabeth (F) Middletuners Chorus Practice—2nd & 4th Mondays from 1-3pm (F) Movies—Tuesdays at 12:30pm (F) Ping Pong—Check Calendar in this newsletter or by request (F) Lessons on Tuesdays at 2:30 Reflexology—By appointment (\$) Reiki—By appointment (\$) Sing-Alongs—Third Tuesday of the month at 12:30 (F) Tai Chi—Mondays at 10:30am (\$) Therapeutic Exercise—Tuesdays at 1:00pm (F) Yoga—Wednesdays at 10am (\$) Zumba—Wednesdays at 4:30pm (F) |
|---|---|

Senior Services Division Contact Information
Monday—Friday 8:30am to 4:30pm

Main Number:	(860) 638-4540	
Fax Number:	(860) 343-5427	
Senior Services Website:	www.middletownct.gov/seniors	
Acting Director:	Debbie Stanley	(860) 638-4501
Senior Services Manager:	Ann Gregg	(860) 638-4548
Senior Services Coordinator:	Heidi Geores	(860) 638-4541
Senior Services Specialist:	Laura Runte	(860) 638-4542
Municipal Agent / ADA Compliance Officer:	Laura Runte	(860) 638-4542
Clerk (Rec & Community Svcs)	Alison Sprague	(860) 638-4540
Custodian/Program Aide:	John Marion	(860) 638-4540
Night Custodian:	Ramel Barnes	(860) 638-4540
Bus Driver:	Mike Rogalsky	(860) 638-4540
Café Manager/Reserve Lunch:	Vanessa Young	(860) 638-4543

Please stop in to see café manager



Lunch Served 3 times a week

Lunch is served Mondays, Wednesdays & Fridays by CRT. Reservations are required in advance (860) 638-4543. Reservations are taken on Friday for the following week. The suggested donation is \$2.50 per meal. A current form 5 must be on file.

Transportation (860) 347-3313

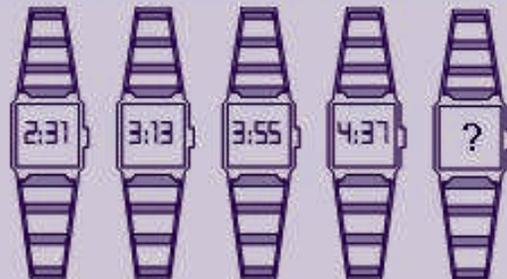
Dial-a-Ride— The City of Middletown contracts with Middletown Area Transit to provide door to door transportation service for adults over the age of 60. The fare is \$3 one-way. Appointments for transportation must be made at least 1 day in advance 860-347-3313. An application must be on file with Middletown Area Transit.

Enhanced Dial-A-Ride—Adults over the age of 60 who would like free transportation to the Senior & Community Center can contact Middletown Area Transit to schedule a ride. Reservations must be made at least 1 day in advance 860-347-3313. Same day requests cannot be guaranteed.

February Brain Teaser Winner

Thank you to all that participated! Our winner by random drawing is Yoshiko Samuel.

What time should the last watch show?



The answer was :

5:19

The April brain teaser is located on the last page of this newsletter. Please fill out and return to the front desk. No additional copies will be printed.

Water's Edge
Center for Health and Rehabilitation

— Premier Providers of —

• Subacute Rehabilitative Care • Alzheimer's Dementia Care • Long Term Care
Please contact Our Admissions Office at (860) 347-7286 for your personal tour!
Serving The Middlesex Community



111 Church Street, Middletown, CT 06457

SOUTH GREEN APARTMENTS

65 Church St., Middletown, CT 06457

Currently Accepting Applications
One and Two Bedroom Apartments
Federally Subsidized
Affordable Housing for Ages 62 & Over Or Persons with Disabilities

Call South Green at 860.344.1361

To receive an application.

Financed by CHFA

Professionally managed by S.H.P. Management



MIDDLETOWN AREA TRANSIT

PROVIDING PUBLIC TRANSPORTATION FOR THE GREATER MIDDLETOWN AREA FOR OVER 35 YEARS

We also provide Curb-to-Curb service for eligible passengers to various destinations.

Visit our Website at www.middletownareatransit.org

or Call 860 346-0212, Ext. 2 For More Information.

Medicare Plans Confusing?

You're not alone...

Call

Beverly P. Goodrich Insurance

In home visit * No Fee *

860-526-4257

beverlygoodrich@comcast.net

Licensed Certified Insurance Broker

*D'Angelo
Funeral Home Inc.*

Louis J. Sarno

Joseph Sarno

22 S. Main St.,
Middletown, CT

860-347-0752

ljs1837@aol.com

www.dangelofuneralhome.com

**THIS SPACE IS
AVAILABLE**

**LET US PLACE
YOUR AD HERE.**

Dale R. Aldieri, CFP

386 Main Street

Middletown, CT 06457

Office: 860-894-2839

Cell: 860-836-2171

Fax: 860-740-4490



ALDIERI FINANCIAL SERVICES

dale_aldieri@aldierifs.com

**AVAILABLE
FOR A LIMITED TIME**

**ADVERTISE
YOUR**

BUSINESS HERE

Contact Mark Carofano to place an ad today!
mcarofano@4LPi.com or (800) 477-4574 x6347

SERVING MIDDLESEX COUNTY FOR OVER 150 YEARS

ST. LUKE'S
COMMUNITY SERVICES

**Friendly
Grocery Shopper
Volunteers Needed**

- Volunteer 1 x week, every other week or even monthly
- Older adults living in Middletown in need of grocery shopping assistance
- Criminal Background check and brief orientation required
- Contact **St. Luke's Community Services** for more info. (860) 347-5661
- Download Volunteer application at www.stlukeshome.org

Middletown Prime Times
61 Durant Terrace
Middletown, CT 06457

Standard Mail
U.S Postage
PAID
Permit #38
Middletown

Senior (60+) Brain Teaser April 2017

**Forwards, I am
heavy. Backwards,
I am not.**

What word am I?

Write your answer here:

Name:

Phone:

One entry per person. Please turn in your entry before the last business day of the month. One winner will be chosen at random from all correct entries on the first business day of May 2017.