

MIDDLETOWN



Prime Times

A Monthly Publication of Programming, Events, and News for Middletown Residents 60+

DECEMBER 2019



61 Durant Terrace

(860) 638-4540

www.middletownct.gov/seniors

Caroling & Cake December 5th at 2:30pm

Kicking off our festive holiday programs is our caroling and cake program. A delicious chocolate lava cake with vanilla ice cream will be served.

The entertainment will be Valley Shore Acapella's Quattro Quartet whose repertoire includes beautiful holiday music sung acapella in four-part harmony.



\$3 pre-registration.

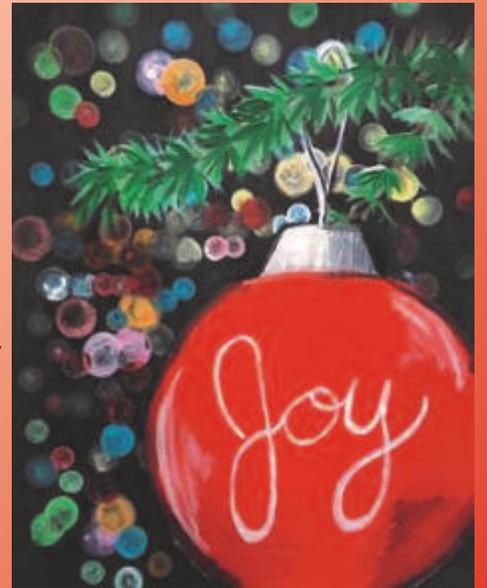
Acrylics & Appetizers December 6th at 5:30pm

Relax, listen to music, socialize with friends, and make a painting that you can take home. This month's picture will be of a beautiful Christmas ornament.

Snacks will be served.

The doors will open at 5:15pm.

\$10 Residents /
\$12 Non-Residents



Baking With Heidi Dec. 18th at 2pm

This month we will be making gingerbread bars with cream cheese frosting.

Take home what you make!

\$5/\$7 NR Pre-registration. Space is limited.



Special Holiday Bus Trips (Follows Regular Lottery Process)

5th—Wadsworth Holiday Trees Exhibit

10th—Lockwood-Mathews Mansion Christmas Exhibit

12th—Gingerbread House Festival at Wood Memorial Library

18th—Holiday Light Fantasia in Hartford

19th—Knights of Columbus Museum featuring Christmas in Europe and Christmas Tree Festival display

Note: See Page 5 for Additional Details



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Holiday Extravaganza

We took your suggestions and created a week long Holiday Extravaganza event from December 9th through December 13th! Pre-Registration is required for each activity you plan to attend.

Monday (December 9th):

- 1pm Movie with Popcorn and Hot Chocolate (\$1)
 "Christmas Vacation" with Chevy Chase
- 1:30-3:30pm Cookie Making & Cookie Decorating (\$5)

Tuesday (December 10th):

- 9:30-11:30am Holiday Crafts (3 crafts: homemade baking mix, candy craft, and ornament) (\$5)
- 2pm Ugly Sweater/Appetizer Party (\$4)

Wednesday (December 11th):

- 9:30am Breakfast Buffet (\$4)
- 1:30-3:30pm Holiday Bingo (\$2)

Thursday (December 12th):

- 1pm Movie with Popcorn and Hot Chocolate (\$1)
 "It's A Wonderful Life"
- 2pm Holiday Games & Snacks (\$3)

Friday (December 13th):

- 9:30-11:30am Gift Wrapping Service (FREE, but if you Want your item in a box, please bring a box)
- 4pm Holiday Lasagna Dinner with optional grab bag (\$4 for dinner, Additional \$5 if you want to receive a grab bag gift)

Warming Shelter Donation Info

We are collecting donations for Middletown's warming shelter. A donation of microwavable soups, instant oatmeal, laundry detergent, towels, toiletries, granola bars and assorted snacks are appreciated. A donation bin is located in our lobby. Thank you for your generosity!!!



Foot Care Clinics

Jennifer Bosco, RN is taking appointments for footcare on the 1st and 3rd Tuesdays of the month. \$35 payable to the practitioner. Please bring 2 hand towels. Call for an appointment.

Medicare Open Enrollment Event Dec. 4th 9am-3pm By Appointment

Last Call for Anyone Needing Assistance

The open enrollment period for Medicare Part D prescription drug plans & Medicare Advantage Plans is **Oct. 15th through Dec. 7th**. Every year, there are new health plan and prescription drug coverage choices. Ask yourself: Are all of my drugs on my plans formulary for 2019? Did my monthly premium change? Is there an annual deductible? Take the time to review your current health & prescription drug plan with a Certified Choices Counselor.

Schedule your appointment by calling 860-638-4540. Please bring a list of all medications or just bring them with you. FREE

Please indicate when making your appointment if you are bringing your spouse. We need to block off two consecutive appointments when scheduling couples.



Haircuts/Tech Support Sponsored by Vinal Tech High School December 13th 9-11



Treat Yourself! Don't miss out on this amazing service provided at our center by Vinal Technical High School students! \$5—Please pre-register. Residents only.

If you need some technical assistance or help brushing up on your computer skills, this program is for you! This helpful service is provided at our center by Vinal Technical High School students! FREE—Please pre-register.



AARP Safe Driving Class December 11th 12:30-4:30pm

\$15/AARP members \$20/non-members pre-registration. Space is limited.

Payment must be made by check and the check must be made out to: AARP

Please note we are hosting this class as a courtesy to our members but it is run entirely by AARP. Checks are cashed by AARP.



Texas Hold'Em Card Game December 17th at 1:30pm

FREE—Just for fun! Have fun with friends playing cards on a professional table with real chips! Pre-registration is required.

December Birthday Party December 16th at 1:30pm

Sponsored by Water's Edge Center for Health and Rehabilitation. We are celebrating all December birthdays! FREE—Please pre-register.





Bus Trips

Bus Trip Lottery & Schedule Procedures

The bus trip lottery is open from December 6th through December 13th. No entries will be accepted after the 13th. All members selected in the lottery will be notified by the 17th. Payments are due by noon on the 19th. **The lottery is only for members who are Middletown Residents.** Times listed in parentheses are the departure times. The first time is the departure time from Pat Kidney field and the 2nd is the estimated departure time from the final destination.

It is your responsibility to be at the pickup location 10 minutes early so we stay on schedule. Failure to be at the pickup location by departure time is grounds for suspending you from further trips. We will be forced to leave without you and you will be responsible for finding your own transportation home.

December Bus Trips

All trips will be departing from Pat Kidney Field in December

- 3rd**—Mohegan Sun ****Uncasville**** (9-3) \$6/\$10 NR
- 5th**—Wadsworth Holiday Trees Exhibit ****Hartford**** and Wood-n-tap lunch (10:30-2) \$8/\$13 NR
- 10th**—Lockwood Mansion ****Norwalk**** and Little Barn Restaurant (9:30-1:45) \$7/\$10 NR
- 12th**—Gingerbread House Festival at Wood Memorial Library ****South Windsor**** and Lena's Restaurant lunch (9:45-1:30) \$3/\$5 NR
- 17th**—Christmas Tree Shops ****Manchester**** and Rein's Deli Lunch (10-2) \$3/\$5 NR
- 18th**—Red Lobster ****Wethersfield**** and Holiday Light Fantasia (3:30-6:15) \$5/\$6 NR
- 19th**—Knights of Columbus Museum featuring Christmas in Europe and Christmas Tree Festival display ****New Haven**** and Lenny & Joe's Fishtale lunch (9:45-2) \$3/\$4 NR

All bus participants must adhere to the Senior Bus Policies and Procedures. If you need a copy, please inquire at the front desk.

January Bus Trips

- 7th** —Harriet Beecher Stowe & Far East Buffet(9:45-1:30) \$10/\$13 NR
- 9th**— IKEA and Fishtale lunch (10:45-2:45) \$3/\$4 NR
- 14th**—Crystal Mall (9:30-1:30) \$4/\$5 NR
- 16th**—Foxwoods Casino (9-3) \$6/\$10 NR
- 21st**—Trader Joe's and Eli's Brick Oven Pizza (11-2:30) \$4/\$5 NR
- 23rd**—Museum of CT History ****Hartford**** and Joey Garlics (11-3:30) \$4/\$6 NR
- 28th**—Buckland Hills Mall (10:30-2) \$3/\$4 NR
- 30th**—Shooters Billiards and Wood N Tap (10:45-4:30) \$5/\$10NR

All bus participants must adhere to the Senior Bus Policies and Procedures. If you need a copy, please inquire at the front desk.

There is a copy of the Senior Bus Policies and Procedures hanging in the cafeteria and copies are available at the front desk. There is nothing new listed here, this is simply a reminder of the current rules. All members are encouraged to familiarize yourself with the rules. Here are some of the highlights:

- Monthly Bus Lottery Open for 1 Week. You must be an active member and a Middletown Resident to participate in the lottery.
- All lottery winners notified by phone. You must pay for your trip by the advertised deadline or you will lose your spot.
- Cancellation surcharge applies to all no show/no call. Penalties have been added for multiple no show/no call instances.
- Non-resident fees will be increased and vary per trip.
- You must disclose all mobility devices you plan to bring on the trip during the registration/lottery process. This is necessary to insure we've reserved the right amount of space on the bus.
- Participants who miss the bus home are responsible for securing transportation home at their own expense.
- There are defined penalties for (1) Failure to follow staff directions (2) Failure to comply with the code of conduct (3) Failure to be at the bus pickup location at the advertised time (4) No Show/No Cancel Penalties
- Explanation on cancellation responsibilities and entitlement on refunds
- Minimum Enrollments, Weather Conditions, Driver Responsibilities, Seating, Waitlists, etc.
- **ALL weekday trips will leave from Pat Kidney field through 1/30/20.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>9:00 Exercise with Jane 10:30 Tai Chi 12:00 Lunch 1:15 Dance for PD® 1:30 Baking with Mary Lee</p> <p>Game Room Closed</p>	<p>9-3 Footcare Clinic 9:00 Bus Trip: Mohegan Sun 9:30 Hand, Elbow, Foot Card Game 9:30 Zumba with Diane 11:00 Guided Meditation with Elizabeth 12:00 Lunch 1:00 Therapeutic Fitness 1:00 Mixed Media Class 2:00 Pokeno</p> <p>Game Room Closed</p> <p>9:30 Bus Trip: Lockwood Mansion & Little Barn Rest. 9:30 Holiday Crafts (3) 9:30 NO Hand, Elbow, Foot Card Game 9:30 NO Zumba with Diane 11:00 NO Guided Meditation with Elizabeth 12:00 Lunch 1:00 NO Therapeutic Fitness 1:00 Mixed Media Class (If Makeup class needed) 2:00 Ugly Sweater Appetizer Party</p>	<p>9-3 Open Enrollment Event 9:00 Exercise with Jane 10:00 Yoga 10:30-12 Coloring Club 12:00 Lunch 12:00 American Mahjong 1:00 Bingo 1:30 Pizza & A Movie</p> <p>Game Room Closed</p> <p>9:00 Exercise with Jane 9:30 Holiday Breakfast Buffet 10:00 Yoga 10:30-12 Coloring Club 12:00 Lunch 12:00 American Mahjong 12:30-4:30 AARP Driver Safety Class 1:00 NO REGULAR BINGO 1:30 Holiday Bingo run by Staff</p>	<p>9:00 Exercise with Jane 9:00-12:00 Mahjong 10:30 Bus Trip: Wadsworth Holiday Trees Exhibit & Wood-n-Tap 12:00-1:00 Blood Pressure Clinic 12:00 Lunch 12:30 Arthritis Exercise 12:30 Cards (Setback) 1:00 Fun with Yarn Knitting/Crocheting 1:30 Get Tough Exercise 2:30 Lava Cake Social & Acappella Quartet</p> <p>Game Room Closed</p> <p>9:00 Exercise with Jane 9:00-12:00 NO Mahjong 9:45 Bus Trip: Gingerbread House Festival & Lena's Rest. 12:00-1:00 Blood Pressure Clinic 12:00 Lunch 1:00 Movie with Popcorn & Hot Chocolate "It's A Wonderful Life" 12:30 NO Arthritis Exercise 12:30 NO Cards (Setback) 1:00 NO Fun with Yarn Knitting/Crocheting 1:30 NO Get Tough Exercise 2:00 Holiday Games and Snacks with Staff</p>	<p>BUS LOTTERY OPENS 9:30 Zumba with Diane 10:30-12 Coloring Club 11:00 Guided Meditation with Elizabeth 12:00 Lunch 1:00 Bingo 1:00 Fun with Clay 1:30 Cribbage 5:30 Acrylics and Appetizers</p> <p>Game Room Closed</p> <p>BUS LOTTERY CLOSSES 9-11 Senior Haircuts 9-11 Technical Support 9:30 Zumba with Diane 9:30-11:30 Gift Wrapping Service 11:00 Guided Meditation with Elizabeth 12:00 Lunch 1:00 Bingo 1:00 Fun with Clay 1:30 Cribbage 4:00 Holiday Lasagna and Salad Dinner with fun grab bag raffle</p> <p>Game Room Closed</p>
<p>Game Room Closed</p> <p>9:00 Exercise with Jane 10:30 Tai Chi 12:00 Lunch 1:00 Movie with Popcorn & Hot Chocolate "Christmas Vacation" 1:15 NO Dance for PD® 1:30 Cookie Making & Cookie Decorating</p>	<p>LOTTERY NOTIFICATION 9-3 Footcare Clinic 9:30 Hand, Elbow, Foot Card Game 9:30 Zumba with Diane 10:00 Bus Trip: Christmas Tree Shops & Rein's Deli 11:00 Guided Meditation with Elizabeth 12:00 Lunch 12:30 Sing-Along 1:00 Therapeutic Fitness 1:30 Texas Hold 'Em</p>	<p>9-3 Enhanced Benefits Check-up 9:00 Exercise with Jane 10:00 Yoga 10:30-12 Coloring Club 12-1 FREE Hearing Screening by Beltone New England—No appointment necessary 12:00 Lunch 12:00 American Mahjong 1:00 Bingo 2:00 Baking Class 3:30 Bus Trip: Red Lobster & Holiday Light Fantasia</p>	<p>LOTTERY PAYMENTS DUE BY NOON 9:00 Exercise with Jane 9:00-12:00 Mahjong 9:45 Bus Trip: Knights of Columbus Museum & Lenny & Joe's 12:00-1:00 Blood Pressure Clinic 12:00 Lunch 12:30 Arthritis Exercise 12:30 Cards (Setback) 1:00 Fun with Yarn Knitting/Crocheting 1:30 Get Tough Exercise</p>	<p>NON-RESIDENT BUS SIGN-UPS 9:30 Zumba with Diane 10:30-12 Coloring Club 11:00 Guided Meditation with Elizabeth 12:00 Lunch 1:00 Bingo 1:00 Fun with Clay 1:30 Cribbage</p> <p>Bus trip sign-up for non-residents</p>
<p>9:00 Exercise with Jane 10:30 Tai Chi 12:00 Lunch 1:15 Dance for PD®</p> <p>Please check with your instructors for additional class cancellations this week due to the holidays. This newsletter is sent to print in October.</p>	<p>9:30 Hand, Elbow, Foot Card Game 9:30 Zumba with Diane 11:00 Guided Meditation with Elizabeth 12:00 Lunch 1:00 NO Therapeutic Fitness 1:00 NO CLASS WITH MARCY</p>	<p>Closed in Observance of Christmas</p> 	<p>9:00 Exercise with Jane 9:00-12:00 Mahjong 12:00-1:00 Blood Pressure 12:00 Lunch 12:30 Arthritis Exercise 12:30 Cards (Setback) 1:00 Fun with Yarn Knitting/Crocheting 1:30 Get Tough Exercise</p>	<p>9:30 Zumba with Diane 10:30-12 Coloring Club 11:00 Guided Meditation with Elizabeth 12:00 Lunch 1:00 Bingo 1:00 NO Fun with Clay 1:30 Cribbage</p>
<p>9:00 Exercise with Jane 10:30 Tai Chi 12:00 Lunch 1:15 Dance for PD® 2:30 Book Club Meeting</p>	<p>9:30 Hand, Elbow, Foot Card Game 9:30 Zumba with Diane 11:00 Guided Meditation with Elizabeth 12:00 Lunch 1:00 Therapeutic Fitness 2:00 Bananagrams</p>			<p>PLEASE be courteous and let us know if you can't make it to a program you registered for. Many times there is a waitlist of people who want to get in. All programs are subsidized so we MUST charge the \$2 cancellation fee when you no show/ no call even if the program is free.</p>



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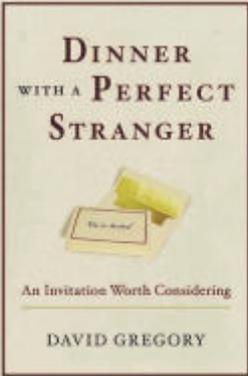
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Happy Holidays



Book Club Meeting Dec. 30th at 2:30pm

This month we are reading "Dinner with a Perfect Stranger" by David Gregory. A busy businessman finds a dinner invitation in the mail from Jesus. Believing it to be a prank by his co-workers, he goes to the dinner expecting to have a night out with the

guys. Instead, he has dinner with a mystery man and drawn into a conversation that changes his life forever.

\$3/\$5 NR for the used book. We have a limited number of copies.

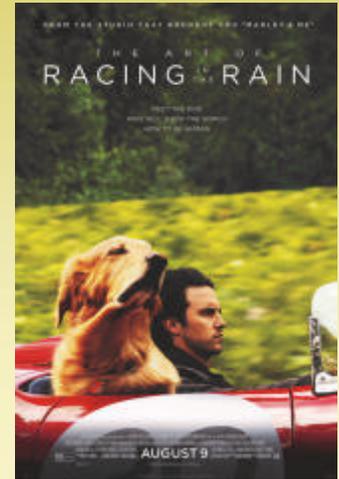
You can always attend the meeting for free and procure the book on your own.

Pizza & A Movie December 4th at 1:30pm

The December movie will be "The Art of Racing in the Rain" (PG) 2019 1hr 49mins

A dog named Enzo wants to be reincarnated into a human. The dog reflects on his life and relationship with a Formula One race car driver who understands that the techniques needed on the racetrack can also be used to successfully navigate everyday life.

\$2/\$4 NR Pre-registration required. Price includes 2 slices of cheese pizza.



Special Thank You to AARP Chapter #3394

Since we opened the building, we've enjoyed our partnership with AARP, specifically hosting chapter #3394 each month. Unfortunately, they recently disbanded due to declining membership and lack of volunteers for e-board positions. They voted to use their fund balance to donate items off of a wish list to the senior center. Seniors giving back to seniors. We have received:

- A state of the art laptop that can be used for games, presentations, guest speakers, bingo, pokeno, etc.
- A commercial knife set which can be used by staff when prepping food for early bird dinners, socials, baking or cooking classes, etc.
- Food storage containers for storing prepped items for early bird dinners, socials, baking, or cooking classes.
- Oven mitts and pot holders for the kitchen
- 12 gravy boats for use at early bird dinners and night events



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**Enhanced Benefits Checkup
December 18th 9am-2:30pm**



A Benefits Checkup is a free and confidential questionnaire that will screen you based on

income for eligibility of federal, state, and local financial programs for individuals 60+ and those receiving Medicare at any age. Do you need help paying for or need information on Medicare premiums, Prescription drugs, Food, Housing, Energy Bills, Property Tax Assistance, Veterans Benefits and other services? Sponsored by Senior Resources Agency on Aging.

By appointment only.

**Sing-Along with Barbara
Dec. 17th 12:30-1:30pm**



Join us on this date and time for a sing-along with Barbara.

FREE—No pre-registration.

Bingo & Pokeno



Bingo—Wednesdays & Fridays at 1pm \$1 for 2 cards or \$2 for 4 cards. No pre-registration.

Pkeno— Dec. 3rd at 2:00pm \$1 Please pre-register.

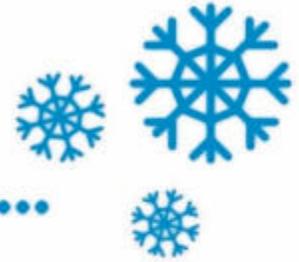


Bananagrams—December 31st at 2pm FREE, pre-register. This fun tile game is similar to scrabble but a little more challenging.

Left Right Center Dice Game— December 16th at 2:30pm. No experience required. This is a fun dice game of chance with prizes.



OH, THE WEATHER OUTSIDE IS ...



INCLEMENT WEATHER POLICY

Please check local news stations for notices of Middletown Public Schools.

If schools are **CLOSED** for the day due to inclement weather, there are **no programs or bus trips**.

If schools have a **DELAYED OPENING** due to inclement weather, there are **no morning programs or bus trips before noon**.

If schools have **EARLY DISMISSAL** due to inclement weather, there are **no afternoon programs** after noon.

Lunch is served at the discretion of CRT.



**Fun with Clay Class
Fridays at 1pm**

This hands on hand-building with clay class led by Marcy is so much fun! Make your own masterpieces! 10 Sessions for \$15.00/\$20 NR pre-registration. Space is limited. Next session begins 12/6.

Civitan Bingo 2019/20 Schedule

Doors open at 5:45, games start at 6:30pm

Middletown's Civitan Club has generously sponsored night bingo for seniors for over 40 years! It is free to attend, however you MUST pre-register.

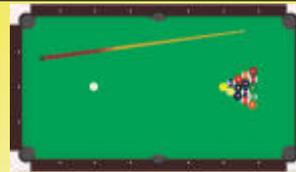


Transportation is not provided. Grocery item prizes. On winter break, will be back on March 31st.

Recurring Programs/Services

(F) =Free (\$) = Cost Associated

- American Mahjong**—Wednesdays at 12pm (F)
Arcade Games—Anytime in the Game Room
Arthritis Exercise—Thursdays at 12:30pm (F)
Billiards—Anytime **Bingo**—Wednesdays & Fridays at 1pm (\$)
Bocce—Anytime (F)
Blood Pressure Clinic—Thursdays 12:00-1:00 (F)
Book Club— (\$ for used book)
Cable TV—Anytime (F)
Card Games—Setback Thursdays at 12:30pm, Hand, Elbow Foot Game Tuesdays at 9:30am (F)
Coloring—We have adult coloring pages available for sign-out (F)
Computers—Laptops are available for use anytime (F)
Cribbage—Fridays at 1:30pm (F)
Dancing for Joy—Mondays at 1:15pm (F)
Darts—Anytime (F)
Exercise—Mondays, Wednesdays, and Thursdays at 9am (F)
Foot Care with Jennifer—by appointment (\$)
Fun with Yarn—Knitting/Crocheting on Thursdays at 1pm (F)
Get Tough—Thursdays at 1:30pm (F)
Hearing Screening—3rd Wednesday of the month 12-1 (F) Sponsored by Beltone N.E.
Lending Library—The Library is now open upstairs (F)
Lunch—Daily around 12pm. Congregate meal program run by CRT with a suggested donation of \$2.50. Reservations Required.(\$)
Mahjong—Thursdays 9am-12pm (F)
Meditation—Tuesdays & Fridays at 11am led by Elizabeth (F)
Middletuners Chorus Practice—practice at Village at South Farms (F)
Ping Pong—By request when there aren't health services scheduled (F)
Shuffleboard—Anytime in the game room (F)
Sing-Alongs—Third Tuesday of the month at 12:30 (F)
Tai Chi & Qigong— Mondays at 10:30am (\$)
Therapeutic Fitness—Tuesdays at 1:00pm (F)
Yoga—Wednesdays at 10am (\$)
Zumba—Tuesdays & Fridays at 9:30am (F)



Game Room Closure

The Game Room will be closed from December 6th through the 16th for the Recreation toy drive. It will reopen on December 17th. Due to the inconvenience, the staff has scheduled a special bus trip during this time to Shooters in Southington. Check at the front desk for more information. This trip is first come-first serve and not a lottery trip. This is not the same as the January lottery trip.

Drawing Class with Marcy Begins 1/7/20

All levels are welcome for this drawing class. You can finetune your skills or give it a try for the first time.



Tuesdays at 1pm. 6 week session
\$15/\$20 NR pre-registration. Space is limited.

CHANGES IN SCHEDULE

Please look at the calendar and check with your instructors regarding their holiday schedule. This newsletter was sent to print in October. We published all cancellations that we were aware of due to vacations, holiday events, etc. Also, there are a number of classes and activities that are cancelled the week of the 9th through the 13th to accommodate the holiday extravaganza.

Baking with Mary Lee

How to Make a Flaky Pie Crust and 3 Holiday Pie Recipes

December 2nd at 1:30pm

Mary Lee Brody is a freelance recipe developer and editor whose clients have included Kraft Foods, McCormick Spice Company, Ladies Home Journal and Cook's Magazine. The classes will run 2-3 hours. \$6 pre-registration. Based on your feedback, the class will run out in the cafeteria so you can be seated. After a cooking demo and discussion, all registered participants will sample the goods. Space is limited. Learns the secrets of a flaky pie crust that quickly comes together in a food processor. We will be making 3 holiday pies: Apple Pie with a crumb topping, Cranberry-Pear Pie with a lattice topping and Pumpkin Pie with a pre-baked crust.



Senior Services Division Contact Information
Monday—Friday 8:30am to 4:30pm

Main Number: (860) 638-4540

Fax Number: (860) 343-5427

E-mail: seniors@middletownct.gov

Website: www.middletownct.gov/seniors



The Senior Staff are actively planning out our programs and activities for 2020 calendar year. If you have any suggestions and/or you want to see one of your favorite programs stay on the schedule, let us know! You can speak to a staff member or send us an email! seniors@middletownct.gov

CRT Lunch Service

Lunch is served Monday through Friday around 12:00pm by the Community Renewal Team out of Hartford. Reservations are required in advance (860) 638-4543. Reservations are taken by noon at least 1 full business day in advance. \$2.50 suggested donation. For meals on wheels info, call Gladys from CRT at (860) 560-5848.



Transportation (860) 346-0212

Dial-a-Ride— The City of Middletown contracts with Middletown Area Transit to provide door to door transportation service for adults over the age of 60. The fare is \$3.50 one-way. Appointments for transportation must be made at least 1 day in advance 860-346-0212. An application must be on file with Middletown Area Transit.

Enhanced Dial-A-Ride—Adults over the age of 60 who would like free transportation to the Senior & Community Center can contact Middletown Area Transit to schedule a ride. Reservations must be made at least 1 day in advance 860-346-0212. **No Same Day requests.**

Brain Teaser Winner

Thank you to all that participated! Our October winner by random drawing is Sally Grucan.

Answers:

page 157: The Name Game

1. Go + no + O + yolk (Yoko Ono)
2. Kite + wall + Turk + Ron (Walter Cronkite)
3. Gray + peck + gory (Gregory Peck)
4. Ken + carol + Eddie + line (Caroline Kennedy)
5. In + franks + rah + art (Frank Sinatra)
6. War + and + hall + E (Andy Warhol)
7. Ill + bill + leek + wrist (Billy Crystal)
8. Shake + will + spear + yam (William Shakespeare)
9. F + stall + Joes + in (Joseph Stalin)

The December brain teaser is located on the last page of this newsletter. Please fill out and return to the front desk. No additional copies will be printed.

Reminders & Policy Clarifications

- All activities advertised by the Senior Services Division require pre-registration (including free programs) unless specifically advertised as no pre-registration required. Almost all activities we run have associated fees and are heavily subsidized before determining the registration fee. It's important that we have counts ahead of time to make sure the room is setup appropriately with enough seating, if snacks or food is being served we have to shop ahead of time based on the count, and we need to know that there is enough interest to run the program. Occasionally, there isn't enough interest and we need to cancel. We don't have a mass communication method, but if you have pre-registered and there is enough lead time notice of the cancellation, we can call or email you. Also, occasionally an instructor/speaker has an emergency or calls out due to illness and we need to know who planned on attending so we can notify you.
- Our general rule is that we don't run programs with less than 7 pre-registered members. When we bring in instructors or guest speakers, many times they have set minimum and maximum counts.
- Many programs sell out throughout the month. Don't wait after receiving your newsletter to sign-up for something that interests you. Since our programs are advertised usually 6+ weeks in advance, it is always worth getting on the waitlist. When people are courteous enough to let us know they cannot make it to a program they registered for, we backfill the spaces using the waitlist.
- Scanning in each time you enter the Senior & Community Center is not optional. It is a condition of your membership.
- When the front desk is experiencing a high volume of traffic, please consider coming back after your activity OR keeping money on your account so you can call in your list of activities and receive an email confirmation.
- Please call to cancel if you can't make it. We are wasting precious money from our budget and not able to fill your spot with someone who wanted to attend the program if you don't let us know you won't be coming.
- We have switched to a bi-monthly model for Tai Chi, and Yoga. Sign up during the month of October for November/December classes. There is a monthly charge regardless of the number of classes.

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How many words can you make from the word SNOWFLAKE?
Print one word on each line.

1. _____	13. _____
2. _____	14. _____
3. _____	15. _____
4. _____	16. _____
5. _____	17. _____
6. _____	18. _____
7. _____	19. _____
8. _____	20. _____
9. _____	21. _____
10. _____	22. _____
11. _____	23. _____
12. _____	24. _____

Senior (60+)

Brain Teaser

December 2019

Entries due by 12/15/19

Name:

Phone:
