

## What is OTP

Clinic v Medical clinic in the Middletown Zoning Regs:

16.13.02 MEDICAL CLINIC BUILDING- An establishment where patients are accepted for special study and treatment by a group of physicians practicing medicine together.

16.03.05 CLINIC- A place used for the care, diagnosis and treatment of sick, ailing, infirmed and injured persons and those who are in need of medical or surgical attention, but who are not provided with board or room nor kept overnight on the premises.

Methadone program or OTP (Opioid Treatment Program) has a special designation.

According to Federal Guidelines and SASHA of U.S. Department of Health and Human Services, an OTP is any treatment program certified by the Substance Abuse and Mental Health Services Administration (SAMHSA) in conformance with 42 Code of Federal Regulations (CFR), Part 8, to provide supervised assessment and medication-assisted treatment for patients who are opioid addicted. An OTP can exist in a number of settings, including, but not limited to, intensive outpatient, residential, and hospital settings.

As proposed here for stand-alone OTP facility, it is not a Hospital where Emergency services, provided with board or room or kept overnight on the premises could be found.

It is also not a medical clinic as defined by Middletown Zoning regulations, where patients are accepted for special study and treatment by a group of physicians practicing medicine together and where ambulatory procedures or surgeries, specialty tests or multi-disciplinary physician or professional groups could be found.

OTP provides Medication Assisted treatment by dispensing and administration. It will be staffed by nurses administering and dispensing medication, by counselors providing counseling services.

It will function under supervision of Medical Director certified in Addiction Medicine, who periodically will be on-site.

Therefore, it fits under designation as Clinic as defined by Middletown Zoning regulations.