

Greater Middletown Opioids Task Force

Wednesday, January 18, 2023, 12pm

Virtual Meeting

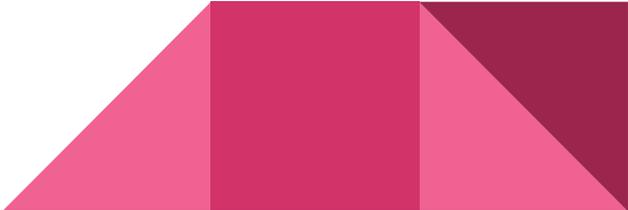
Co-Chairs:

Rev. Robyn Anderson, MS, LPC, LMFT, LADC
Executive Director, Ministerial Health Fellowship

Kevin Elak, RS/REHS, CP-FS, Director of Health, City of
Middletown Department of Health



Agenda

- Welcome New Members
 - Data Updates
 - Workgroup Updates
 - Standing Agenda Items
 - Opioids Settlement Funds - Update by Kevin Elak
 - New Business
 - Updates
 - Member Announcements
- 

Mission & Vision Statement

- Mission: To engage the Greater Middletown community in working together to promote opioid awareness, education, prevention, harm reduction and access to treatment thereby reducing opioid-related overdoses and deaths and building a healthy, safe and drug-free community.
- Vision: A community working together to prevent and to help people experiencing opioid use challenges.



Honoring Rep. Quentin Williams, Connecticut House of Representatives, 100th District



November 24, 1983 – January 5, 2023



Opioid Overdoses Nonfatal and Fatal

2022 in Review

January 1 – December 31, 2022

Cromwell, Durham, Middlefield, Middletown and Portland

Opioid Overdoses Nonfatal and Fatal



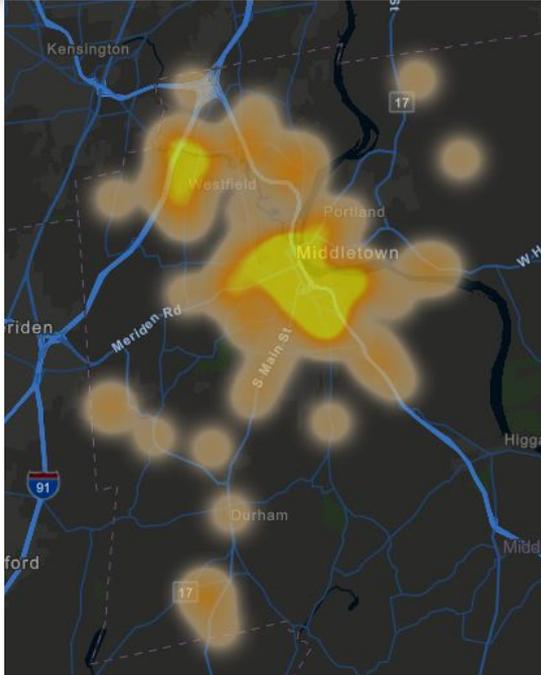
Total Suspected Overdoses	153
Fatal Overdoses	27
Naloxone Administered	134

January 1 – December 31, 2022

Cromwell, Durham, Middlefield, Middletown and Portland



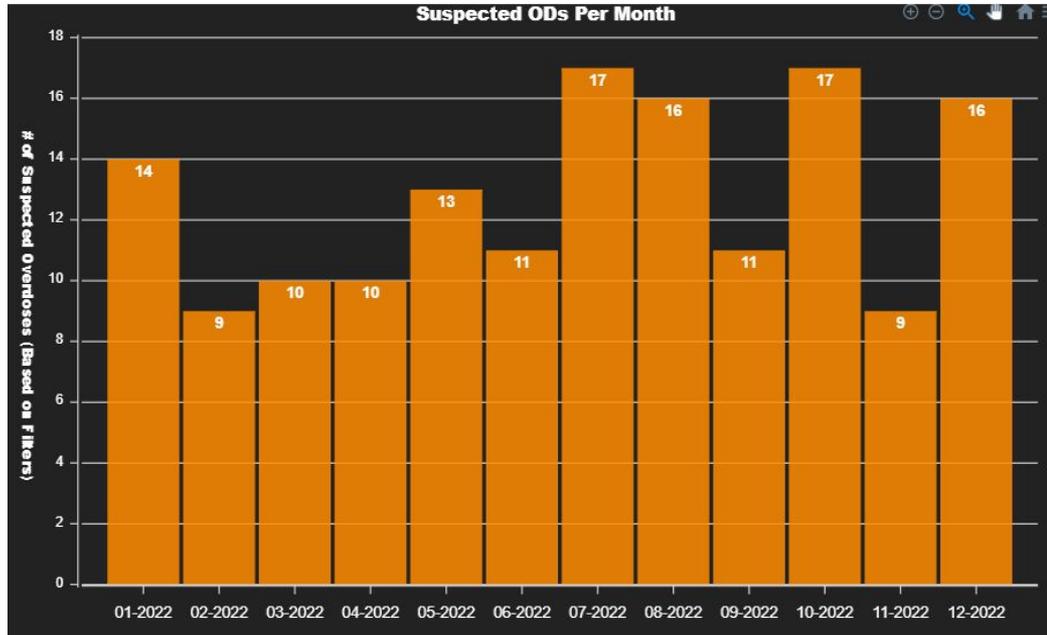
Opioid Overdoses Heatmap (1.1.22 - 12.31.22)



<https://www.odmap.org:4443/>



Suspected Overdoses Per Month (1.1.22 - 12.31.22)



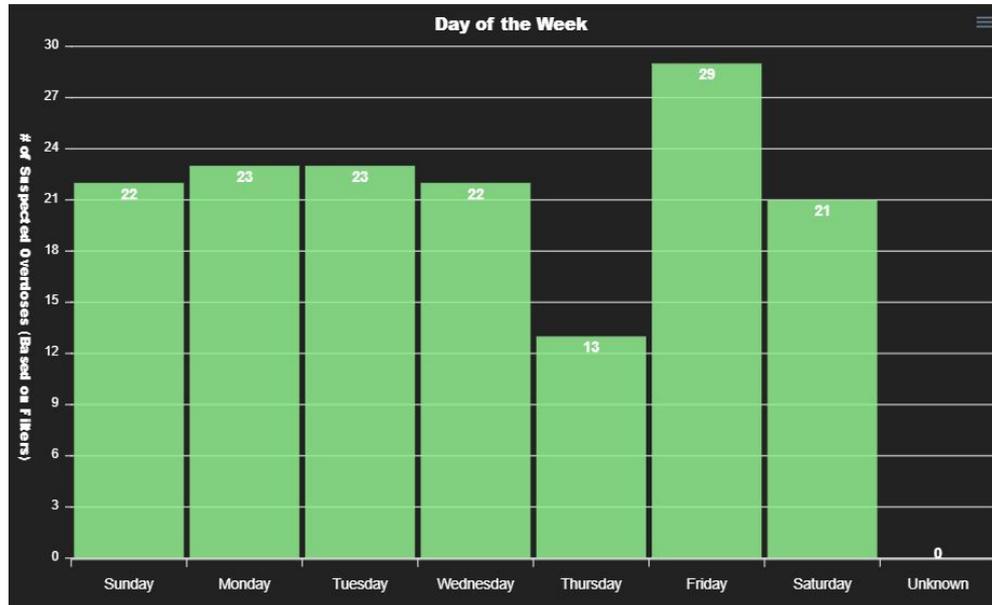
<https://www.odmap.org:4443/>



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Middletown Health Department

Overdoses by Days of the Week



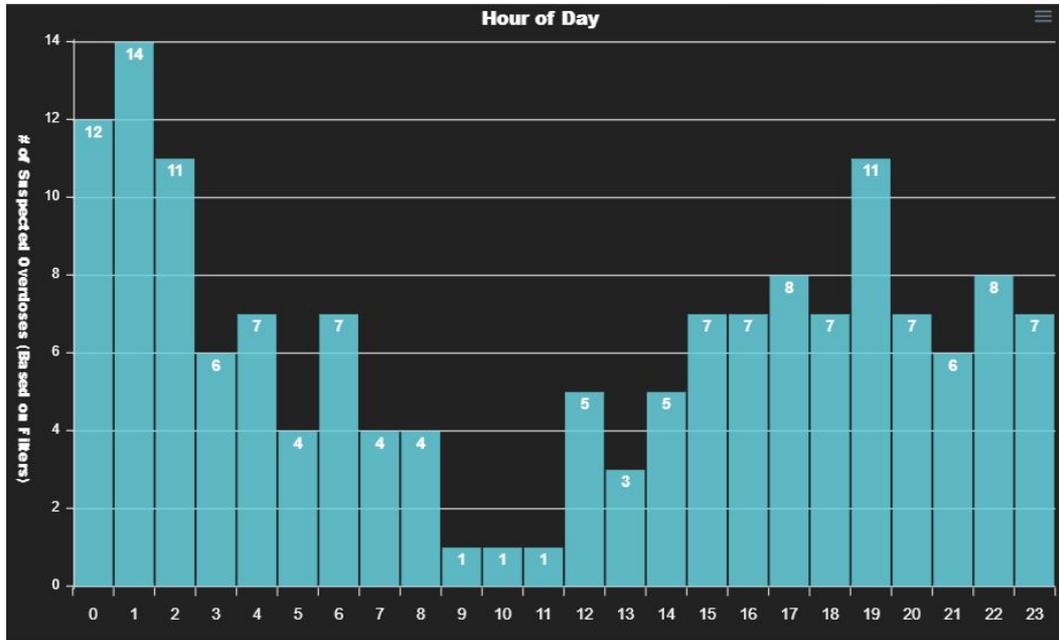
<https://www.odmap.org:4443/>



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Hour of the Day



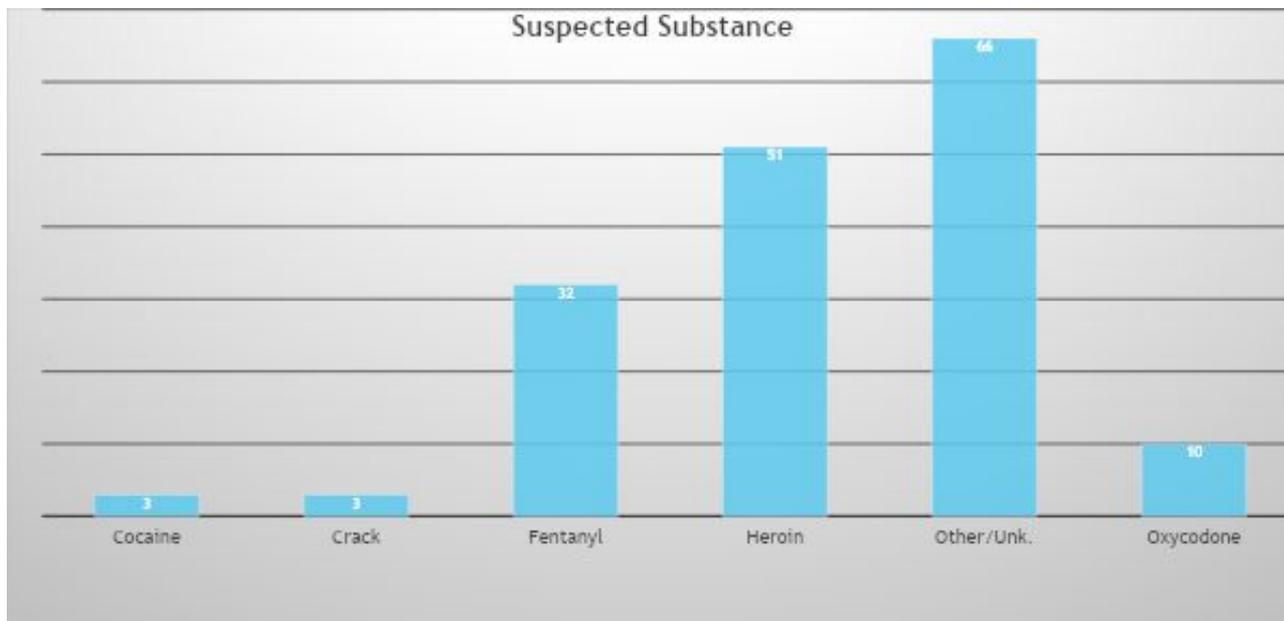
<https://www.odmap.org:4443/>



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Suspected Substance



<https://www.odmap.org:4443/>



Number and Rate per 100,000 Population of Unintentional and Undetermined Overdose Deaths

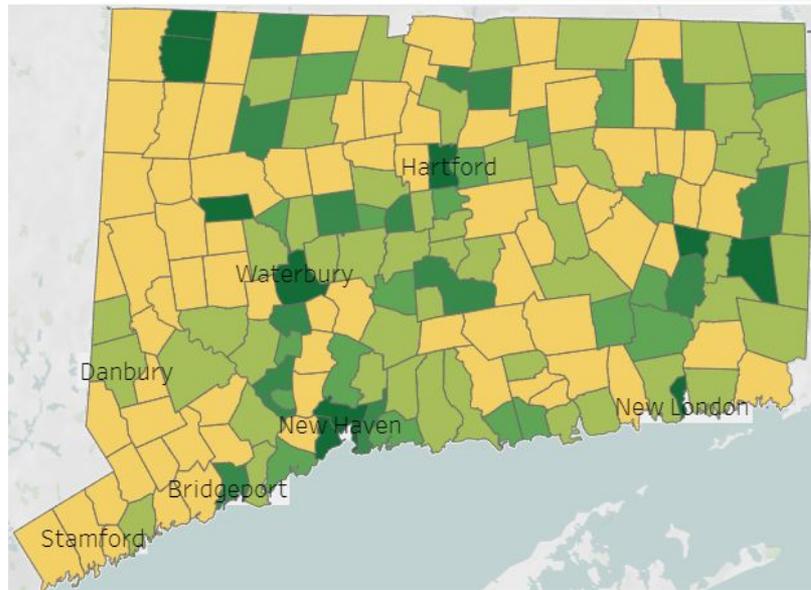


Town	Deaths -2016	Rate - 2016	Deaths-2021	Rate 2021
Cromwell	3	21.5	4	28
Durham	1	13.8	0	0.0
Middlefield	1	22.8	1	23.4
Middletown	13	27.9	35	74.3
Portland	4	42.8	3	31.7

Source: Injury and Violence Surveillance Unit Connecticut Department of Public Health



Rate per 100,000 Population of Unintentional and Undetermined Overdose Deaths



Source:

https://public.tableau.com/app/profile/heather.clinton/viz/SUDORS_Town_Resident_Rate_2016_2021/Dashboard?publish=yes



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Workgroup Updates

Workgroup Updates - Access to Treatment

- **Purpose:** To increase access to Substance Use Disorder services through improved communication and collaboration among stakeholders.
- **Co-Chairs:** Melissa Monroe, Rushford; Barry Richardson, CCAR
- **Meeting Schedule:** 3rd Friday of the month at 11am (Zoom)
- **Report out**



Workgroup Updates - Education & Prevention

- **Purpose:** To enhance community awareness and knowledge of the harmful impacts of opiate use in order to promote prevention, reduce stigma and offer hope by centering those with lived experience and by providing education and training in collaboration with community partners.
- **Chair:** Alie Bates, Rushford
- **Meeting Schedule:** bi-weekly on Tuesday @ 9am (Zoom)
- **Report out**



Workgroup Updates - Intervention / Harm Reduction

- First meeting set up for Wednesday, January 25th, 10am



Workgroup Updates - Resource Awareness

- **Purpose:** To facilitate awareness of prevention and treatment resources for substance use in the Greater Middletown community in order to increase access to services.
- **Chair:** LeAnna Basque, intern, City of Middletown Department of Health
- **Meeting Schedule:** 2nd Wednesday of the month @ 2pm (Zoom)
 - Join us! If interested, please reach out to LeAnna or Catherine
 - basque@uchc.edu
 - catherine.rees@midhosp.org
- **Report out:**
 - Thank you to everyone who responded to the survey!
 - Continuing work on the resource list
 - If you have any resources in the Greater Middletown community you would like us to know about, please email LeAnna (basque@uchc.edu)



Standing Agenda Items

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- Opioids Settlement Funds
 - Overview by Kevin Elak
 - “Wish List”:
 - Funding for billboard and bus messaging
- Website Development





National Opioid Settlement

OPIOID ABATEMENT STRATEGIES

CORE STRATEGIES





A. NALOXONE OR OTHER FDA-APPROVED DRUG TO REVERSE OPIOID OVERDOSES

1. Expand training for first responders, schools, community members
2. Increase distribution to individuals who are uninsured

B. MEDICATION ASSISTED TREATMENT (MAT)

1. Increase distribution to MAT to people who are uninsured
2. Provide education to school-based and youth-focused programs that discourage or prevent misuse
3. Provide MAT awareness training to healthcare providers, EMT's law enforcement, and other first responders.



C. PREGNANT AND POSTPARTUM WOMEN

1. Expand Screening, Brief Intervention and Referral to Treatment
2. Expand comprehensive evidence-based treatment for uninsured individuals for up to 12 months postpartum
3. Provide comprehensive wrap-around services to individuals with OUD

D. EXPANDING TREATMENT FOR NEONATAL ABSTINENCE SYNDROME (NAS)

1. Expand evidence-based and recovery support
2. Expand services for better continuum of care
3. Expand long-term treatment and services for medical monitoring of babies with NAS



E. EXPANSION OF WARM HAND-OFF PROGRAMS AND RECOVERY SERVICES

1. Expand services such as navigators and on-call teams to begin MAT in hospital ED's
2. Expand warm hand-off services to transition recovery services
3. Broaden scope of recovery services to include co-occurring SUD or mental health conditions
4. Provide wrap around services to individuals in recovery (housing, transportation, job placement, childcare)
5. Hire additional social workers or other behavioral health workers

F. TREATMENT FOR INCARCERATED POPULATION

1. Provide evidence-based treatment and recovery support
2. Increase funds for jails to provide treatment to inmates with OUD



G. PREVENTION PROGRAMS

1. Funding for media campaigns to prevent OUD
2. Funding for evidence-based programs in schools
3. Funding for medical provider education and outreach regarding best prescribing practices (academic detailing)
4. Funding for community drug disposal systems
5. Funding and training for first responders to participate in pre-arrest diversion programs, post-overdose response teams, or strategies that connect at-risk individuals to behavioral health services and supports.



H. EXPANDING SYRINGE SERVICE PROGRAMS

1. Provide syringe service programs with more wrap-around services, including linkage to OUD treatment, access to sterile syringes and linkage to care and treatment of infectious diseases

I. EVIDENCE-BASED DATA COLLECTION AND RESEARCH ANALYZING THE EFFECTIVENESS OF THE ABATEMENT STRATEGIES WITHIN THE STATE

TREATMENT



1. Treat Opioid Use Disorder (OUD)
2. Support People in Treatment and Recovery
3. Connect People to the Help They Need
4. Address the Needs of Criminal Justice-Involved Persons
5. Address the Needs of Pregnant or Parenting Women and Their Families, including babies with Neonatal Abstinence Syndrome (NAS)

PREVENTION



1. Prevent Over-Prescribing of Opioids
2. Prevent Misuse of Opioids
3. Prevent Overdose Deaths (Harm Reduction)

OTHER STRATEGIES



1. First Responders
 - a) Education, wellness, support

2. Leadership. Planning and Coordination
 - a) Dashboard to report progress or outcomes
 - b) Invest in staffing

3. Training
 - a) To improve the capability of government, and non-profit entities to abate the opioid crisis

4. Research
 - a) Monitoring, surveillance, data collection and evaluation of programs



Updates

Updates

Any member updates since our last meeting? Please share!





New Business

Branding

- Develop a task force logo?
- Add list of partners?



Greater Middletown Area Opioids Task Force

- Defining our geography





Announcements

Any Additional Announcements?



Next Meeting

- Wednesday, February 15, 12pm, Zoom

