

# Greater Middletown Opioids Task Force

Wednesday, January 17, 2024, 12pm

Virtual Meeting

Co-Chairs:

Rev. Robyn Anderson, MS, LPC, LMFT, LADC  
Executive Director, Ministerial Health Fellowship

Kevin Elak, RS/REHS, CP-FS, Director of Health, City of  
Middletown Department of Health

## Member Organizations

- Alliance for Living Program
- BHcare
- CCAR
- Chatham Health District
- City of Middletown
- City of Middletown Department of Health
- City of Middletown Fire Department
- City of Middletown Police Department
- Carelon Behavioral Health
- Community Foundation of Middlesex County
- Community Health Center (CHC)
- Connecticut Valley Hospital (CVH)
- CT Harm Reduction Coalition
- DCF Region 3 (Norwich, Willimantic, Middletown)
- Department of Children and Families
- DMHAS
- Durham Middlefield Local Wellness Coalition / DMYFS
- Gilead Community Services
- Hunter's Ambulance Service
- Middlesex Community College
- Middlesex County Chamber of Commerce
- Middlesex Health
- Middlesex YMCA
- Middletown Harm Reduction Initiative (MHRI)
- Middletown Public School System
- Middletown Substance Abuse Prevention Council
- Ministerial Health Fellowship
- Overdose Response Strategy | New England HIDTA
- River Valley Services, DMHAS
- Root Center for Advanced Recovery
- Rushford
- St. Vincent de Paul Middletown
- Street Fire Ministries
- The Connection
- The Village for Families & Children
- Town of Cromwell Department of Health
- Town of Cromwell Police Department

# Agenda

- Welcome New Members
- Data Updates
- Standing Agenda Items
- Member Announcements

# Mission & Vision Statement

- **Mission:** To engage the Greater Middletown community in working together to promote opioid awareness, education, prevention, harm reduction and access to treatment thereby reducing opioid-related overdoses and deaths and building a healthy, safe and drug-free community.
- **Vision:** A community working together to prevent opioid use and to help people experiencing opioid use challenges.

# Opioid Overdoses Nonfatal and Fatal

January 1 – December 31, 2023

Cromwell, Durham, Middlefield, Middletown and Portland

# Opioid Overdoses Nonfatal and Fatal



**Total Suspected Overdoses**

**145**

**Fatal Overdoses**

**32**

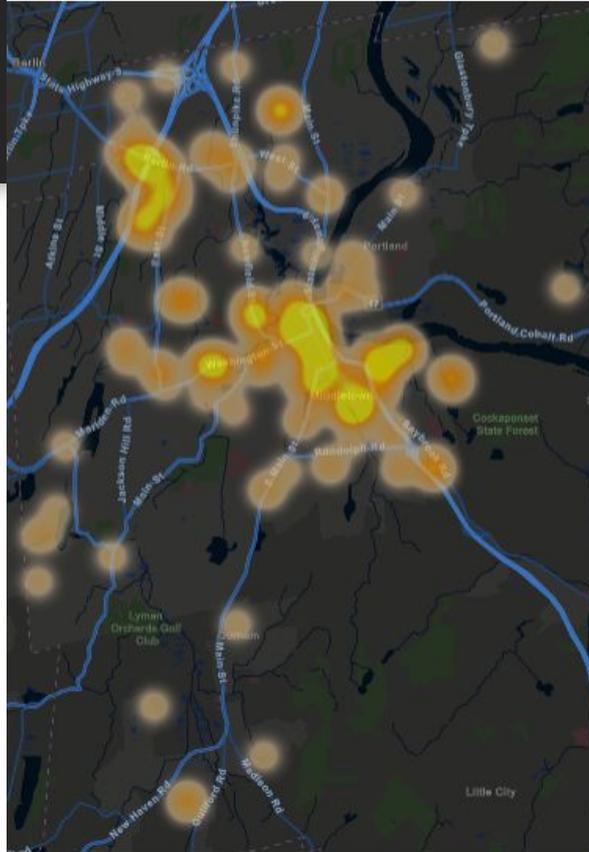
**Naloxone Administered**

**134**

1.1.23 – 12.31.23

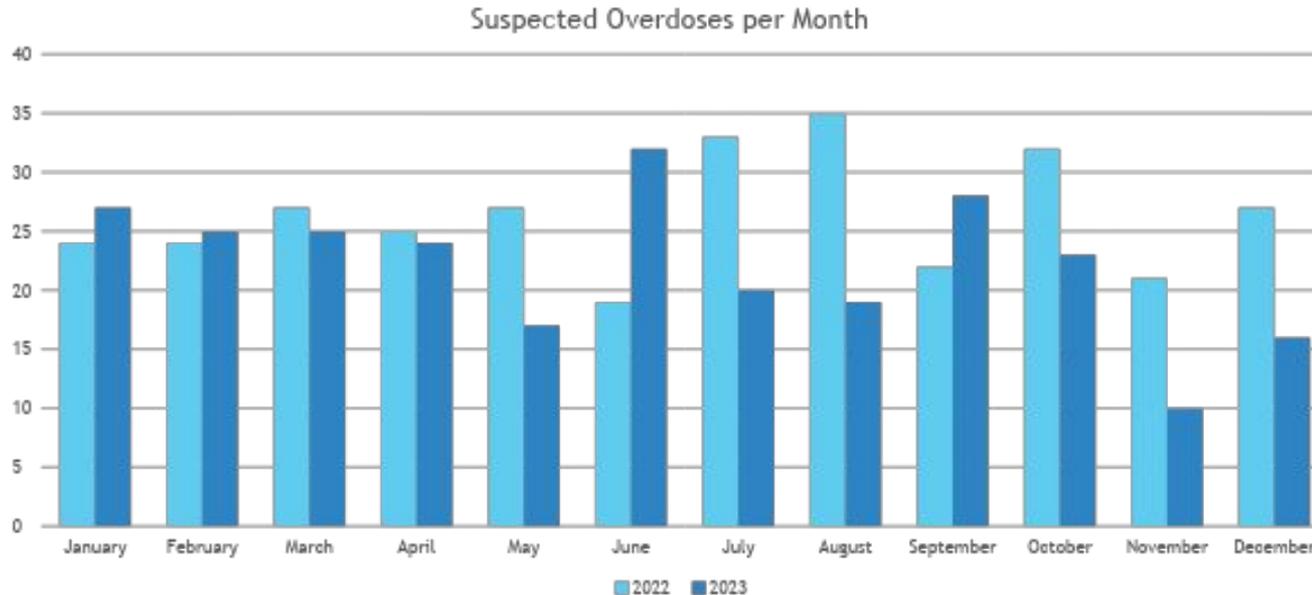
Cromwell, Durham, Middlefield, Middletown and Portland

**Opioid Overdoses Heatmap  
Cromwell, Durham, Middlefield,  
Middletown and Portland  
January 1, 2023 – December 31, 2023**

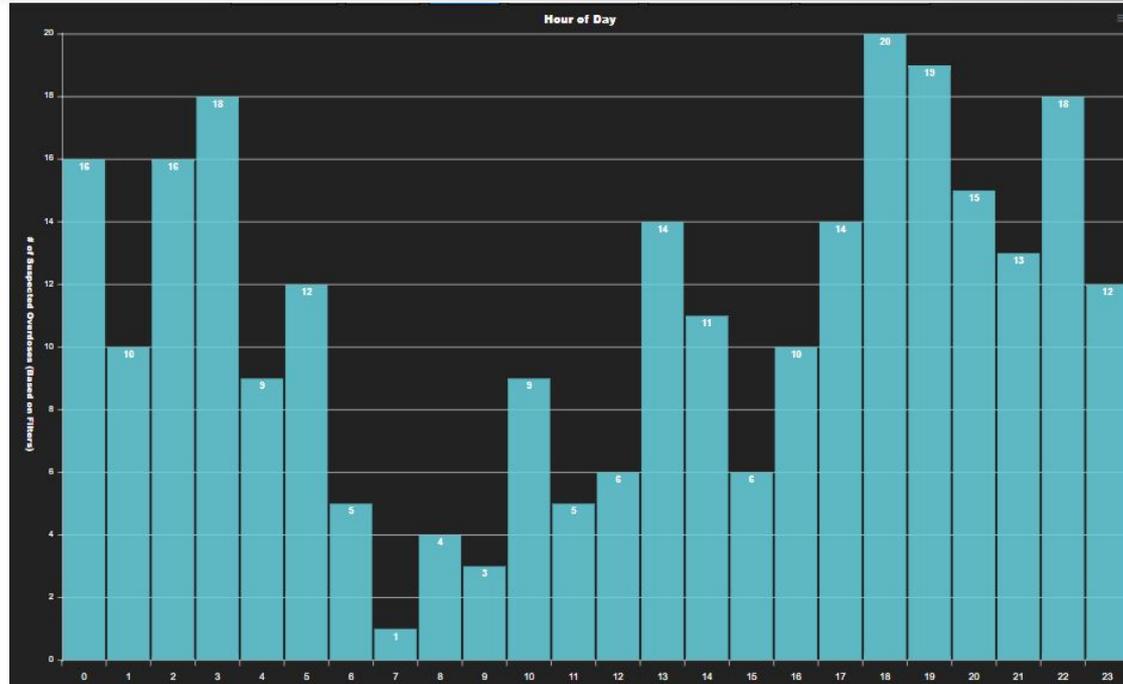


<https://www.odmap.org:4443/>

# Suspected Overdoses per Month Cromwell, Durham, Middlefield, Middletown and Portland January 1, 2022 – December 31, 2023

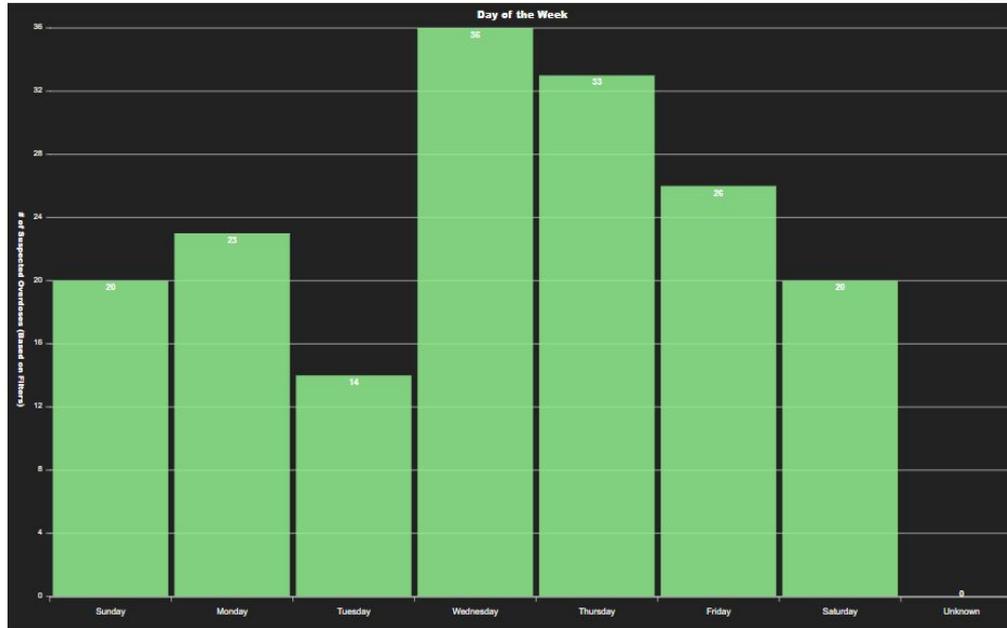


# Suspected Overdoses by Hour of Day Cromwell, Durham, Middlefield, Middletown and Portland November 1, 2023 – December 31, 2023



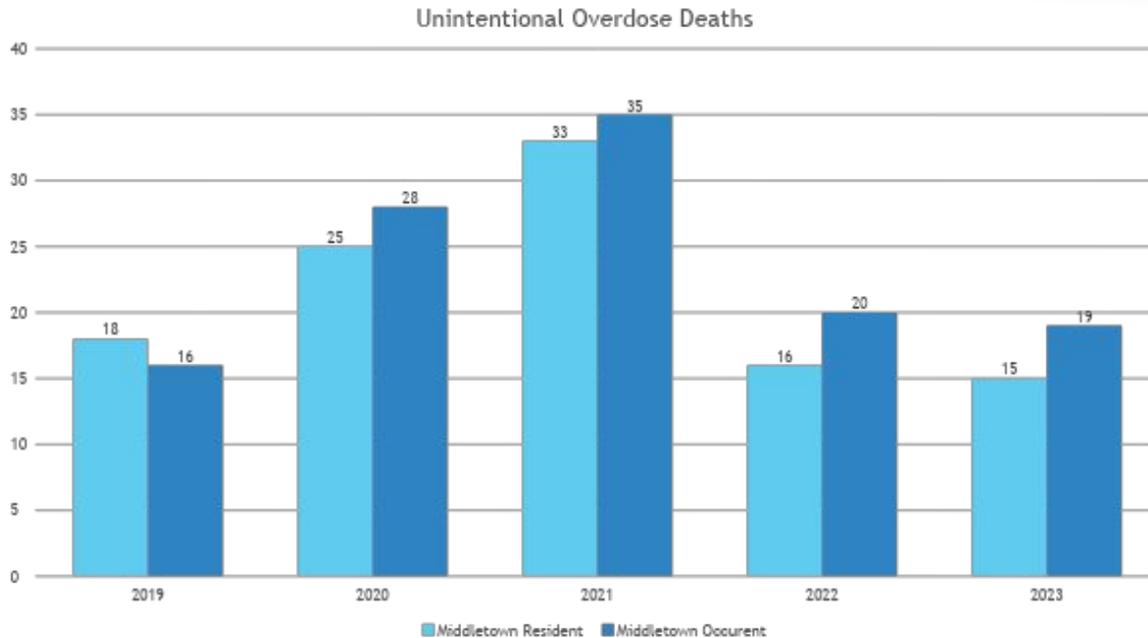
<https://www.odmap.org:4443/>

# Suspected Overdoses by Day of the Week Cromwell, Durham, Middlefield, Middletown and Portland January 1, 2023 – December 19, 2023



<https://www.odmap.org:4443/>

# Data for Middletown Unintentional Overdose Deaths

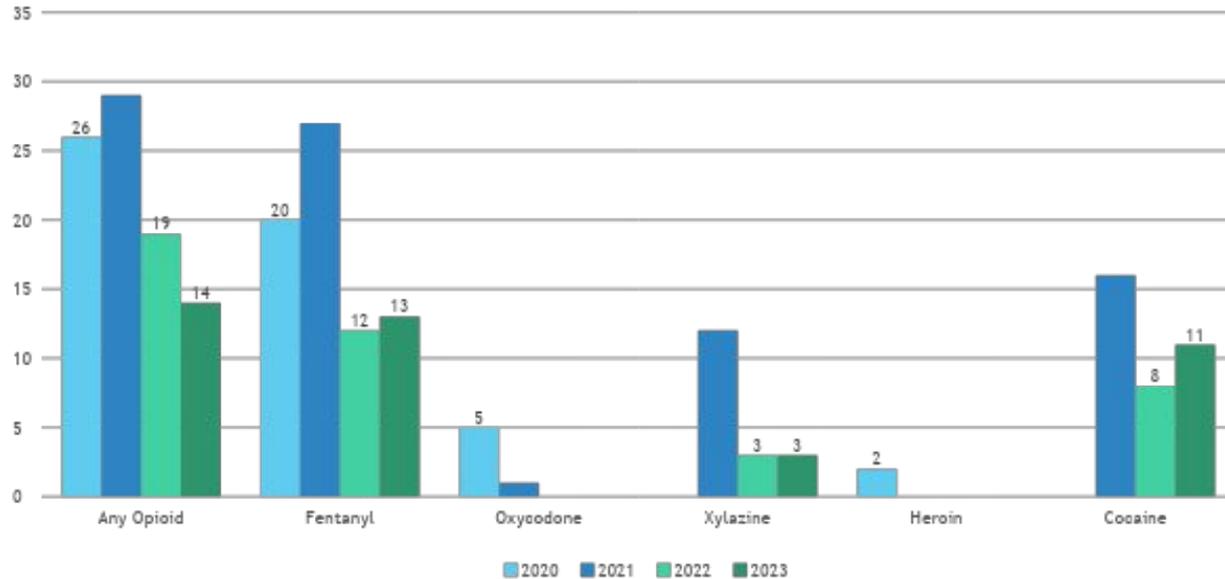


Source: Office of the CT Chief Medical Examiner

# Data for Middletown Deaths by Substance Type



Deaths by Substance Type

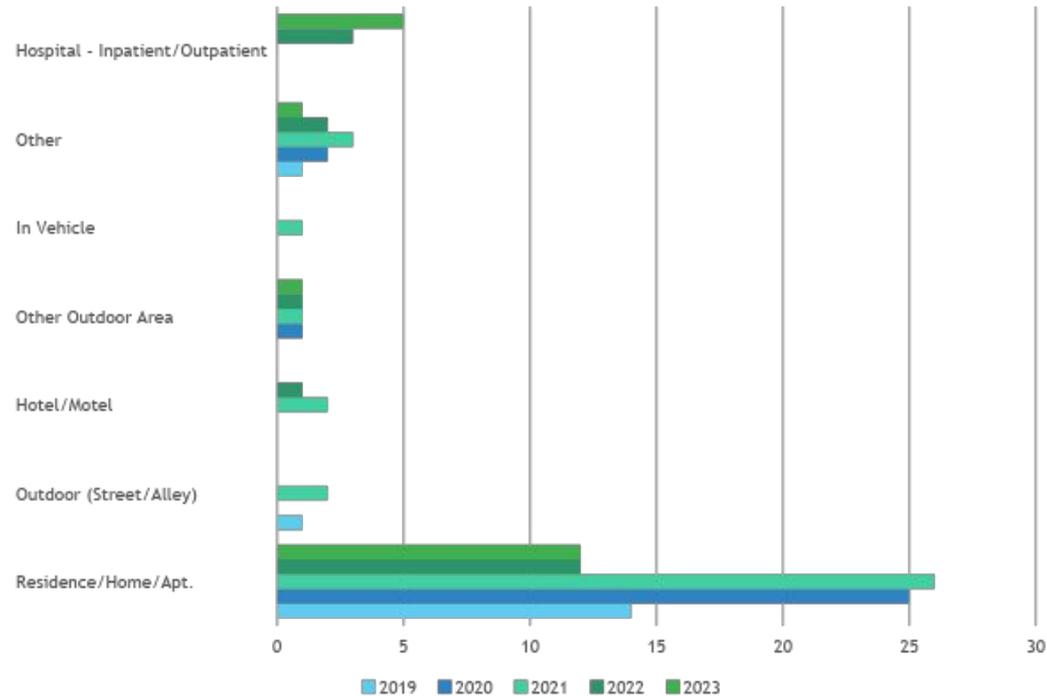


Source: Office of the CT Chief Medical Examiner

# Data for Middletown Location of Death

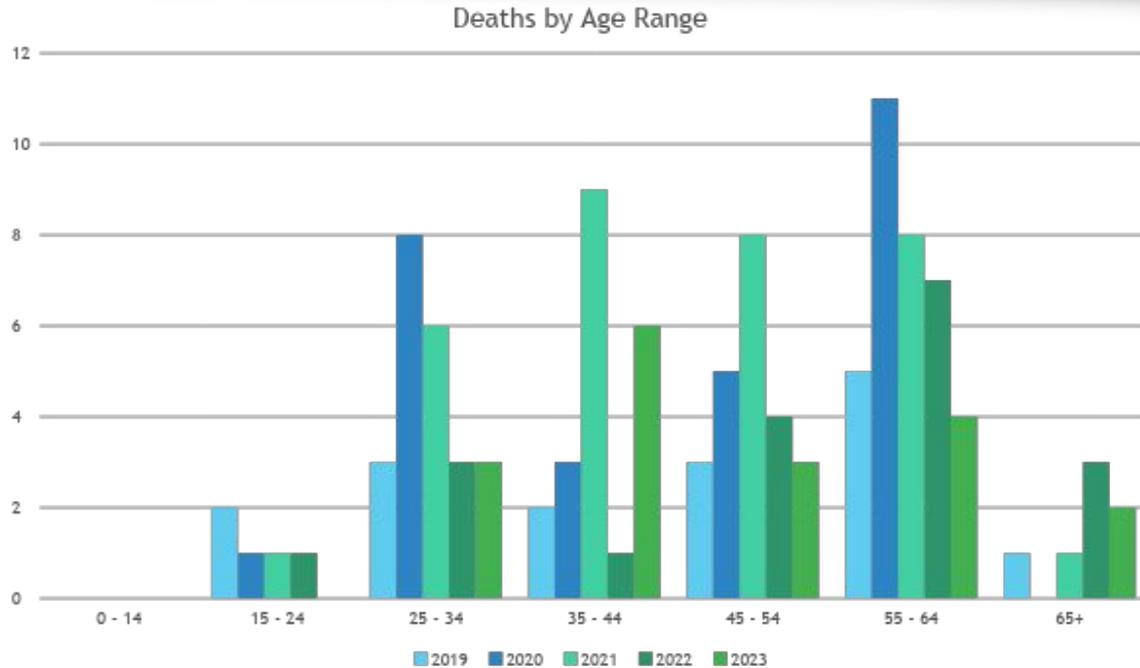


Location of Death



Source: Office of the CT Chief  
Medical Examiner

# Data for Middletown Deaths by Age Range



Source: Office of the CT Chief Medical Examiner

# Data for Middletown Non-Fatal Overdoses



<b>Non-Fatal Overdoses (1-25-23 to 12-13-23)</b>	
Suspected Drug Overdoses:	204
Suspected overdoses involving any opioid:	67
Suspected overdoses involving heroin:	7

# Standing Agenda Items

## Standing Agenda Items

- Legislative / Policy Updates - Any?
- Opioids Settlement Funds
  - Middletown Opioids Settlement Funds Ad Hoc Committee to meet 2.1.24 @ 2pm by Zoom
- Governor Prevention Council Grant - Deactivation Pouches
- Harm Reduction RV - Village Expanded Recovery Vehicle (VERV)



# Member Announcements

# Integrated Healing Facilitator Training

Stay tuned for another round trainings in February!

**Join Us for  
Integrated Healing Facilitator  
Overview Training**

IHF training has proved to be incredibly impactful for "everyday people" and clinical professionals alike.

IHF training re-envision's what it means to be human, and to have a multitude of struggles. Because of this "human" approach, the IHF training is beneficial to all demographic areas of service.

**What Make**  
There are many d...  
are designed to h...  
one another. How...  
holistically, and th...

IHF is one of the c...  
all of these piece...  
consider four prin...  
Body, Spirit, and I...

**New Life II is Con...**  
based, Peer-led...  
NLII serves all p...  
in Black and Bro...  
culturally responsive care.

**Hosted by African Methodist Episcopal Zion Church**  
Reverend Robyn Anderson

**Training Dates**  
Friday January 12, 2024  
&  
Friday January 19, 2024  
9am-1pm

**Location**  
Cross Street  
AME Zion Church  
440 West St,  
Middletown, CT  
06457

**Knowledge IS POWER**

**LIFE II**  
COMMUNITY CENTER  
1 Main Street  
Middletown, CT 06051  
life2.org

**Education Credits**  
is been approved  
Education Units  
Certification

**ich**

Facilitators view  
people holistically; as whole people  
living complex lives and who may  
be facing a variety of struggles.

**The IHF approach is built around  
5 considerations:**

1. Impact of Trauma
2. Impact of Systemic Oppression
3. Science & Research
4. Harm Reduction Principles
5. Best Practices for Support

In Partnership with

**REGISTER NOW**

<https://newlife2.org>



# Smoking and Tobacco Cessation Workshop Series



**QUIT SMOKING AND TOBACCO USE**  
**FOUR-CLASS SERIES WITH PRACTICAL TIPS!**

What you'll learn:

- + How to find support in your community
- + How to manage withdrawal, cravings and stress
- + What makes you want to smoke or use tobacco
- + How quitting can improve your health
- + The truth about e-cigarettes
- + How to stay positive

What you'll receive:

- + Valuable information to help you stop tobacco use and to stay on course
- + Voluntary, short-term counseling
- + Motivational support

**TIME:** 4 p.m. - 5 p.m.  
**DATES:** January 25; February 1, 8 and 15  
**LOCATION:** Address and directions to be given at time of registration

Talk to your provider about a referral.

**AFFORDABLE RATES!**  
Sessions are covered by most insurances.

*Registration is currently open. Space is limited, so call right away to sign up. To register and for more information, please call 860-358-5426.*

Presented by Middlesex Health  
Center for Chronic Care Management  
Smoking Intervention Program

The Smarter Choice for Care  
**M+** Middlesex Health

## Any Member Announcements?



# Work Status / Tracking

# Completed Work

Completed 2022	Completed 2023
<ul style="list-style-type: none"><li>● Formation of Task Force (January 2022)</li><li>● Member Prioritization Survey (April)</li><li>● Formation of 4 Workgroups (Access to Treatment; Education &amp; Prevention; Intervention / Harm Reduction; Resource Awareness)</li></ul>	<ul style="list-style-type: none"><li>● Flier for Narcan Leave Behind Kits (April 2023)</li><li>● Narcan Leave Behind Kits partnership with South Fire District, Middletown (April 2023)</li><li>● Xylazine Informational piece (May 2023)</li><li>● Harm Reduction Training by Mark Jenkins, Executive Director, CT Harm Reduction Coalition at Cross Street A.M.E. Zion Church (8.16.23)</li><li>● Harm Reduction RV - Village Expanded Recovery Vehicle (VERV) (Launched 9.6.23; Ribbon Cutting 10.25.23)</li><li>● Resource Guide (9.30.23)</li></ul>

## Next Meeting

- Wednesday, February 21, 2024, 12pm, Zoom

