

MIDDLETOWN



FEBRUARY 2026

*PRINTED 12/23/25

**REGISTRATION OPENS 1/14 FOR
MIDDLETOWN RESIDENT MEMBERS**

CLOSED ON 2/3 & 2/16

Prime Times



A Monthly Publication of Programming, Events, and News for Middletown Residents 60+

61 Durant Terrace

(860) 638-4540

www.middletownct.gov/seniors

Regular Business Hours: Monday 8:30am-3pm & Tuesday-Friday 8:30am-4:30pm

February Activity Registration

Sign-ups open for February on-site activities on 1/14 for all resident members and 1/27 for non-resident members. Sign-ups open for February bus trips on the same days. You can sign-up in person, by phone (if you have \$ on your account), or on the SchedulesPlus site (if you have \$ on your account). Payment is due at time of registration. You **MUST** have the money on your account in order to sign-up by phone or on the SchedulesPlus site. Cash or check is due at time of registration in-person. **No same day registrations** unless coming off of a waitlist or if the program was advertised that way (regular bingo allows same day registration UNTIL noon). **Registration Site:** <https://schedulesplus.com/middletown>. In the event of an inclement weather delay or closure, sign-ups will occur on the next business day.



Movie: "Hidden Figures" February 18th at 1:30pm

Three brilliant African-American women who worked at NASA -- Katherine Johnson (Taraji P. Henson), Dorothy Vaughan (Octavia Spencer) and Mary Jackson (Janelle Monae) -- serve as the brains behind one of the greatest operations in history: the launch of astronaut John Glenn into orbit, a stunning achievement that restored the nation's confidence, turned around the Space Race and galvanized the world. Also starring Kevin Costner, Kristen Dunst, Jim Parsons, Mahershala Ali, Aldis Hodge, and Glen Powell.

\$1 pre-registration. No pizza served this month.

Acrylics & Appetizers February 10th at 2:30pm

Unleash your inner artist at a fun painting session where we'll bring a beautiful scene to life with vibrant acrylic paints. This is a step by step program. Follow along to make a painting to be proud of. The best part is none of the mess is at your house!!! No experience needed, this program is for everyone. Pre-registration required \$8/\$10 NR



Valentine's Social Chocolate Lava Cake February 13th at 2:30pm

Nothing celebrates the month of February like the sweet taste of chocolate! Join us for chocolate lava cake with vanilla ice cream while socializing with new and old friends. \$3/4 NR pre-registration required.



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Welcome Derek Our New Front Desk Clerk

You may have noticed a new face at the front desk... Derek Cartagena transferred to us after several years working at City Hall. He is our new Front Desk Clerk!

Derek lives in Middletown with his partner Steven and is excited to meet everyone and be a part of this great team! Please be sure to welcome him to the Senior Center family!



Mary Brody Cooking Class: Chocolate Treats for Valentine's Day February 5th at 1:30pm

Chocolate Pound Cake, Double Chocolate Pistachio Cookies, Black Forest Brownies, Chocolate Mousse

SPECIAL POLICY ALERT: This popular cooking demonstration only seats 25 people. If you have a confirmed spot in the previous month's advertised class (in this case January's) Mary Brody cooking class, you must wait 1 business day (until 1/15) before attempting to sign-up for this advertised class. This class is run by Mary Brody, a freelance recipe developer and editor. This month she'll be making Chocolate Treats for Valentine's Day. The menu will consist of Chocolate Pound Cake, Double Chocolate Pistachio Cookies, Black Forest Brownies, & Chocolate Mousse. The class is held in the Senior Center cafeteria. Mary demos multiple recipes and you get to sample each one! The class usually runs 2-3 hours. \$8/\$11 NR pre-registration is required.

Baking with Heidi Apple Snickerdoodle Bars February 12th at 2PM

Forget the winter blues and treat yourself to an afternoon of cozy, spiced fun at our Apple Snickerdoodle Bars baking program! Join us in the dining hall for a sweet escape where you'll mix, bake, and sample these irresistible unique hybrid treats. It's the perfect mid-winter activity to warm your soul and fill your heart with the delicious aroma of freshly baked goods. Reserve your spot and let's get baking! \$6/9NR Pre-registration required.

**In an effort to serve more members in this limited program, we are asking that only one member per household register and if dietary concerns apply, please allow another member a chance to get into the program.*



Craft With Heidi: Peony Tea Light February 6th at 10:30AM

Chase the chill away and brighten up your space with our charming Peony Tea Light craft! Join friends for a fun and relaxing afternoon where you'll learn to create beautiful, long-lasting peony blossoms to cradle cozy, battery-operated tea lights. The finished product is a perfect way to add a warm, floral glow to your home without the worry of an open flame. Ditch the dreary weather, embrace your creative side, and sign up today to craft a little perpetual springtime joy! \$5/8NR pre-registration required.

**In an effort to serve more members in this limited program, we are asking that only one member per household register.*

Caution: we will be using hot glue guns for this project



Bus Trips...

All trips utilize our Senior Center 24 passenger bus and depart from Pat Kidney Field Parking Lot on Farm Hill Rd unless otherwise stated

February 4th

Ferraro's Meat Market, Rocco's Village Bakery, and Pacific Buffet Lunch

By member request, we are going on the hunt for goodies! First stop will be Rocco's Village Bakery nestled in the heart of South Meriden. Cash Only so be prepared. What sets Rocco's apart is its unique blend of tradition and creativity! Whether you are a fan of classic pastries, artisanal breads, or specialty desserts—there's something for everyone! Next up, Ferraro's Meat Market! Ferraro's Market has been your local neighborhood grocery store and meat market for over 60 years... starting out in New Haven and now open in North Haven. Your options for seafood, deli, prepared food, and cuts of meat offered by local butchers is unsurpassed in this area! We'll stop on the way back for an easy lunch at Pacific Buffet in Wallingford—a member favorite!

Advance Registration Required: \$4/6 NR

Bus departs Pat Kidney Field: 9:30AM

Bus arrives at Rocco's: 10:00AM

Bus departs Rocco's: 10:30AM

Bus arrives at Ferraro's: 11:05AM

Bus departs Ferraro's: 12:05PM

Bus arrives at Pacific Buffet: 12:25PM

Bus departs Pacific Buffet: 1:40PM

Bus arrives at Pat Kidney Field: 2:10PM

February 5th

Behind the Scenes Tour of Bushnell and Long Horn Steakhouse

This will be a show-stopping day out! We'll be pulling back the curtain for an exclusive, behind-the-scenes tour of The Bushnell. Ever wonder what happens backstage during a show? Now's your chance to explore the historic theater. Walk the same floors as the stars and get an insider's look at one of Connecticut's premier venues. After our private peek into the world of theater, we'll head to Longhorn Steakhouse for a hearty and satisfying lunch. It's the perfect blend of cultural enrichment and delicious dining. This is sure to sell out so don't delay!

Advance Registration Required: \$6/\$8

Bus departs Pat Kidney Field: 9:55 AM

Bus arrives at The Bushnell: 10:25 AM

Bus departs The Bushnell: 12:00 PM

Bus arrives at Longhorn: 12:15 PM

Bus departs Longhorn: 1:45 PM

Bus arrives at Pat Kidney Field: 2:10 PM



February 11th

Shepaug Dam Eagle Viewing and J. Timothy's

Get ready for a soaring adventure! Leave the winter blues behind and join us for an unforgettable bus trip to the Shepaug Dam Eagle Viewing Center. Witness bald eagles in their natural splendor as they gather by the open water—a truly breathtaking sight you won't want to miss. After our incredible encounter with nature's flyers, we'll warm up and indulge in some serious comfort food with a visit to the legendary J. Timothy's in Plainville, famous for their mouthwatering wings and cozy atmosphere. It's the perfect blend of wildlife wonder and culinary delight.



Dress in layers and wear warm shoes. Eagle viewing is from an unheated shelter.

Advanced Registration Required: \$6/\$8

Bus departs from Pat Kidney Field: 10:30 AM

Bus arrives at Shepaug Dam: 11:15 AM

Bus departs Shepaug Dam: 12:45 PM

Bus arrives at J. Timothy's: 1:30 PM

Bus departs J. Timothy's: 3:00 PM

Bus arrives at Pat Kidney Field: 3:40 PM

February 12th

Yale Art Museums & Lunch On Your Own

Unleash your inner artist and join us for a day of culture and cuisine in New Haven. We're taking a trip to explore the magnificent art museums at Yale. Marvel at incredible collections spanning the globe and centuries at both the Yale University Art Gallery and Yale Center for British Art, conveniently located across the street from each other. Continue your adventure at one of the many local eateries in walking distance, or bring your own lunch.

Advanced Registration Required: \$6/\$8

Bus departs from Pat Kidney Field: 10:30 AM

Bus arrives at Yale Museums: 11:15 AM

Bus departs from Yale Museums: 2:45 PM

Bus arrives at Pat Kidney field: 3:30 PM



February 17th

Hobby Lobby (Bristol) + Fork & Fire (Farmington)

Get ready to ignite your creativity and satisfy your appetite on this exciting bus trip! We're heading to the expansive Hobby Lobby where you can browse endless aisles of crafting supplies, home décor, seasonal items, and more—a paradise for makers and dreamers alike! After unleashing your inner artist and finding that perfect project, we'll refuel with a delicious lunch at the highly rated Fork and Fire, known for its creative American cuisine and inviting atmosphere. It's the perfect blend of retail therapy and culinary delights!

Advanced Registration Required: \$6/\$8

Bus departs Pat Kidney Field: 10:00 AM

Bus arrives at Hobby Lobby: 10:30 AM

Bus departs Hobby Lobby: 12:00 PM

Bus arrives at Fork & Fire: 12:20 PM

Bus departs Fork & Fire: 1:50 PM

Bus arrives at Pat Kidney Field: 2:30 PM



February 19th

Woodcraft of Manchester and The Main Pub

Call in all wood crafters and food lovers! This is going to be a day dedicated to craftsmanship and good company. We will first visit a store, the ultimate destination for all your needs related to crafting with wood, offering expert advice and inspiration for your next project. After browsing the aisles of tools and lumber, we'll cap off the adventure with a relaxing and delicious lunch at The Main Pub, a local favorite known for its warm atmosphere and tasty pub fare right down the road. It's the perfect excursion for anyone who loves working with wood and enjoying a great meal with friends!



Advance Registration Required: \$6/\$8

Bus departs Pat Kidney Field: 10:00 AM

Bus arrives at Woodcraft: 10:30 AM

Bus departs Woodcraft: 12:00 PM

Bus arrives at The Main Pub: 12:10 PM

Bus departs The Main Pub: 1:40 PM

Bus arrives at Pat Kidney Field: 2:25 PM

February 24th

CT River Museum and The Little Pub

All aboard for a seaside adventure! This trip promises a perfect day exploring our rich maritime history. Starting at the charming CT River Museum, Essex, discover exhibits on everything from steamboat era to the story of the Amistad replica. It's a peek into the region's seafaring past! Afterward, we'll sail over to The Little Pub in Old Saybrook for a delicious lunch. It's an ideal blend of local history and pub hospitality. Book your passage!

Advanced Registration Required: \$8/\$10

Bus departs Pat Kidney Field: 10:30 AM

Bus arrives at CT River Museum: 11:00 AM

Bus departs CT River Museum: 12:30 PM

Bus arrives at The Little Pub: 12:45 PM

Bus departs the Little Pub: 2:15 PM

Bus arrives at Pat Kidney Field: 2:45 PM



February 26th

Ballard Puppet Workshop and Shady Glen

Prepare for a fun day out as we embark on an incredible trip to the Ballard Institute and Museum of Puppetry at UConn in Storrs. You'll get hands-on in a special rod puppet workshop. Learn to bring expressive puppets to life with simple materials. After discovering our inner puppeteer, we head over to the nearby, nostalgic Shady Glen Dairy in Manchester for a classic American diner lunch. This spot is famous for their cheeseburgers and ice cream parlor atmosphere. It's the perfect day to make new friends, and enjoy some great food!

Shady Glen is a CASH ONLY establishment.

Advanced Registration Required: \$7/\$10

Bus departs Pat Kidney Field: 9:30 AM

Bus arrives at Ballard Institute: 10:30 AM

Bus departs Ballard Institute: 12:00 PM

Bus arrives at Shady Glen: 12:30 PM

Bus departs Shady Glen: 2:00 PM

Bus arrives at Pat Kidney Field 2:40 PM



Exercise Options at the Center

Get Your New Year's Resolutions Off To A Good Start With Exercise/Wellness

Please follow your instructor's direction and plan to stay for the entirety of the class. A gentle reminder—please consult your personal schedule before signing up for these classes. They are in high demand and we are limited by the amount of physical space in the room. Thank you so much!

Arthritis Exercise led by Marcy (Mondays & Fridays at 12:30pm): Improve joint flexibility and muscle strength. Marcy is a physical therapist who gets you moving all of your joints from head to toe! Chairs are used for a portion of this class. \$2 Res/\$4 NR per class. Pre-registration required. **NO CLASS ON 2/16**

Chair Yoga led by Jane (Tuesdays at 10:30am): Enjoy all the benefits of yoga without the fear of getting on the floor or not being able to get up from the floor. All positions are from a standing or sitting position. This can easily be modified to your comfort level. \$2 Res/\$3 NR per class. Pre-registration required. **NO CLASS ON 2/3**

Exercise/Aerobics led by Jane (Mon., Wed., Thurs. at 9am): This is a high intensity workout with a warm-up and cool down period. Chairs are used for a portion of the class. FREE—Pre-registration required. **RESIDENTS ONLY** and no waitlist kept for this class. **VERY HIGH DEMAND. NO CLASS ON 2/16**

Improving Movement & Balance led by Lisa (Fridays at 10:30am): Using a millennia-old system of coordinated body-posture and movement, breathing, and meditation. This class is mostly standing, but does include chairs for a portion of the class. \$2 Res/\$3 NR per class. Pre-registration required. **CLASS ON HOLD THIS MONTH DUE TO INSTRUCTOR LEAVE OF ABSENCE**

Tai Chi led by Lisa (Thursdays at 11:30am): Improve your balance, mental focus, strength and stamina with slow, flowing movements, gentle stretching, and deep, relaxed breathing. Lisa is a certified evidence-based Tai Chi and Qigong instructor with over 35 years of experience. Chairs are used for a portion of the class. \$2 Res/\$3 NR per class. Pre-registration required. **CLASS ON HOLD THIS MONTH DUE TO INSTRUCTOR LEAVE OF ABSENCE**

Traditional Yoga led by Liz (Wednesdays at 10:30am): Please bring a yoga mat. A large portion of the class is spent on the floor. \$4 Res/\$6 NR per class. Pre-registration required.

Zumba Gold led by Diane (Tuesdays & Fridays at 9:15am): This is a high intensity workout combination of dance and exercise. No chairs are used in this class. FREE/\$1 NR per class. Pre-registration required. **NO CLASS ON 2/3**

It's February, and your New Year's resolutions are still fresh!

Keep pushing forward, celebrate every small win, and remember that you've got this!!

Note: We are temporarily running Chair Yoga classes in January & February on Thursdays as well to try and give alternative options to the displaced students from Lisa's classes. We have also reached out to our friends at the Middletown Health Department to run a Matter of Balance class on Fridays to provide alternative options to those students.



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Circuit Training With Quinn—Thursdays at 11am (Residents Only)

ALWAYS consult your physician before starting a new exercise routine. This class begins with stretching and then you rotate through the circuit using machines, weights, etc. under the guidance of Quinn who is a certified professional trainer. The best motivation is each other. You need to be able to do 45 minutes of consecutive exercise in order to attend this program. The instructor reserves the right to assess you for the ability to participate in this training (for your safety). \$5 per class pre-registration required.

Mini Gym (Residents Only)

ALWAYS consult your physician before starting a new exercise routine. The gym is for RESIDENTS ONLY and is "use at your own risk". Scanning in is a requirement of membership and applies to use of this gym. The mini-gym is open weekdays Mondays 9am-3pm, Tuesdays-Wednesdays 9am-4pm, Thursdays 9am-11am and 12pm-4pm, Fridays 9am-4pm. Have you had a chance to check-out or use our new commercial equipment? Thanks to an American Rescue Plan Act grant, our mini-gym got some amazing equipment. What's stopping you from taking advantage of this FREE benefit? No pre-registration required.

Drop-In Social Groups/Activities (Not Facilitated By A Staff Member or Hired Instructor) FREE—No pre-registration required

Billiards Play, Mondays 9am-3pm & Tuesdays-Fridays 9am-4pm

Table play is first come, first served. If others are waiting, please alternate play after your game is concluded. Thanks!

Fun with Yarn, Mondays 1-3pm

If you love to knit or crochet or you want to learn—this club is for you! Yarn donations are available for use as well as patterns, needles, etc. Catch up with others, share your projects, or learn how to get started on this new hobby.

Hand, Elbow, Foot Card Game, Tuesdays 9:30am-12pm

There are a lot of cards used in this rummy-like game. Automatic card shufflers make it a little noisy during this activity (just a warning). You will be able to pick it up in no-time.

Hand Sewing/Quilting, Mondays 1-3pm

If you are interested in hand sewing/quilting, you can drop into this social club. You are welcome to bring anything you are working on or our volunteers will get you started with a small project.

Lending Library, Mondays 9am-3pm & Tuesdays-Fridays 9am-4pm. Many new selections!

Thanks Sue, Cheryl, and Janice for keeping this resource organized for our members!!

Mahjong OR American Mahjong, Thursdays 9:30am-12pm

Mahjong or mah-jongg is a tile-based game that was developed in the 19th century in China and has spread throughout the world since the early 20th century. It takes a while to master this game, but don't get frustrated.



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Setback For Fun February 10th & 17th at 1:30pm

The tournament didn't work out due to the rate of cancellation we experience here. There are still a lot of people who like to and want to play. On one or both of these Tuesdays, come on down and play with others. This is a drop-in program. FREE!!!

Table Games February 11th at 2pm

For those that like to play and have fun, but don't like being singled out in individual games or trivia, this is for you! Each little group or table will compete as one in these fun table games to keep your mind active and have a reason to get out and socialize! FREE—Please pre-register.



Texas Hold'Em Poker For Fun February 4th at 2pm

Just for fun, come learn how to play this poker game, socialize and let your playful competitive side come out. This is just an excuse to get together and have fun!

FREE, please pre-register.

Royal Flush	10	J	Q	K	A
Straight Flush	4	5	6	7	8
Four-of-a-Kind	A	A	A	A	8
Three-of-a-Kind	K	K	K	5	8
Flush	4	8	6	7	2
Straight	3	4	5	6	7
Two Pair	3	9	9	5	5
One Pair	9	10	6	6	2
High Card	4	6	K	8	3

Beanbag Baseball February 5th & February 19th

We are excited about this new program that's just for fun and socialization! This is by member request and was one of the programs to come out of our recent brainstorming session. Similar to cornhole and wildly popular in the south with retirees—welcome to Middletown Senior Center beanbag baseball! We'll be divided up into two teams and have a seat in your team's dugout (chairs). One by one, you'll take your chance at getting a "hit" by throwing beanbags. Give it a shot, let yourself relax. There's sure to be laughter and a lot of positive vibes. Absolutely no skill or experience needed—this activity is for EVERYONE. FREE—Please pre-register.



ONE-ON-ONE NUTRITION COUNSELING

One on One Dietician Appointments!! Appointments Available on 2/12 or 2/26



Thanks to State Senator Matt Lesser for helping us secure State funding to ramp up nutrition options for Middletown Seniors! Using those grant funds, this is a HUGE opportunity to set up a meeting with a registered dietician who will be taking appointments at the Senior Center for free and confidential nutrition counseling. This service is designed to support your well-being through practical, personalized nutrition guidance. You can discuss topics such as Healthy Eating for Aging Well, Managing Conditions with Nutrition, Meal Planning & Budgeting, Digestive Health, General Food & Nutrition Questions, etc.

You can expect one-on-one appointments with a registered dietician who will work with you to provide supportive, realistic, and evidence-based recommendations tailored to your needs. Your 1st appointment will be approximately 1 hour. FREE - A Pre-Registered Confirmed Appointment is Required.

REMINDER—Doors open to programs approximately 10 minutes prior to the advertised start. Do not congregate in the lobby. This is a violation of Fire Code, unsafe, AND makes it impossible for people to conduct business at the front desk in-person or by phone. The staff has been directed to enforce this policy and keep the lobby clear.

Regular Bingo—Mondays 1pm-2:30pm

Our bingo program is run by our member volunteers. If you are interested in volunteering to be a caller, doing call-backs, or handling the money—feel free to vocalize your interest at the game and get involved! \$2 pre-registration for 4 bingo cards. All money collected is handed out during the games as prizes.

Same day registration is allowed UNTIL 12pm for this program.



CHOICES – Connecticut’s State Health Insurance Assistance Program –provides free, unbiased one-on-one benefits counseling on all parts of Medicare, including enrollment assistance and plan comparisons for Medicare Advantage Plans and Medicare Prescription Drug Plan. CHOICES Counselors are not insurance agents/brokers and do not charge for services. Contact your Senior Center today at (860) 638-4542 to schedule an appointment with Laura, a Certified CHOICES Counselor, to discuss your Medicare questions.



Board Games With Staff February 24th at 2pm

Hang out with staff and play one of the board games we selected from our collection. Catch up and have fun!



FREE—please pre-register.

Accommodations

Need an accommodation in order to participate in an advertised program? If you need an accommodation, please call Laura at least 10 days before the advertised start of a program. (860) 638-4542. Thank you!

Daily Congregate Lunch Program



Lunch is served Monday—Friday at 12pm. Make a reservation for lunch with Senior Resources’ Café Coordinator, Rosa at 860-638-4543. Two business days notice is required. A federal form 5 must be on file in order to register for lunch. There are no income requirements. The current menu can be seen on our schedulesplus.com/Middletown site under “Dining Menu”. Food is cooked in Middletown at Futures Inc.

People love it! \$3 suggested donation. **BIRTHDAYS CELEBRATED ON THE LAST WEDNESDAY OF THE MONTH!**

Toni’s Trust Financial Assistance For Senior Center Programs Please leave a message

In 2024, we suffered the devastating loss of our beloved member and Matriarch of the Senior Center Family, Antoinette (Toni) Clayton. Toni’s family listed the Senior Center as a place to donate in Toni’s memory after her passing. If you have a financial barrier to accessing a program or program(s) at the Center, please call our Senior Services Specialist (Laura) at (860) 638-4542 to have a conversation about how we can help. Assistance up to \$20 in credit MAY be available to you based on your situation. This is for those who have financial barriers to participation. Your situation will be kept quiet. **Please note, this credit cannot be exchanged for actual cash at anytime. Funds are given based on need and availability and are at the sole discretion of the Senior Center staff.**



PLANNED CLOSURES THIS MONTH

February 3rd for Professional Development
&
February 16th for President’s Day



Reminder - Waitlists When your name comes up for a spot on the waitlist, you will receive an automated call from (860) 854-3131 awaiting your confirmation or cancel. You should only remain on a waitlist if you are still interested and available to take the spot. The automated system reads you the date, time, and name of the program. You MUST call us to cancel or confirm. This is the only notification you will receive. Please call (860) 638-4540 and let us know if you are accepting the spot. We need to hear back from you whether you will accept or decline the spot you are offered. If we don't hear back from you, you forfeit your spot in that program and we call the next person on the list. We cannot change the message that you receive. It is an automated message programmed by our software vendor. We know the wording can be confusing which is why we have this notice in the newsletter.

Are There Any Transportation Options?

ADA / Dial A Ride Service Through River Valley Transit (860) 346-0212 The City of Middletown contracts with River Valley Transit to provide ADA Paratransit and Dial A Ride services. An application and, in some instances, an interview will be required. The fare for the service is \$3.50 each way.



Encompass Hartford (860) 444-4444 has a program partly funded by a grant from the FTA. \$5 up to 8 miles and \$2.90 for each mile over 8 miles. This service is good for trips all the way past Hartford. They have online or by phone scheduling and take reservations and on demand.

Winter Programming Notes



Living in New England, the weather this time of year is wildly unpredictable. In order to be as fiscally responsible as possible, we try to minimize running programs that cost a lot of money or involve perishable consumable supplies. Take advantage of our low or no cost social opportunities. Don't stay home isolated!

Event Seating

Since October 2025, the Senior Center has switched to a hostess model for seating at large events such as socials, lunch with friends, early bird dinners, night events, etc. Our team will greet and seat guests as they arrive once the doors open for the event. This is being done to keep the flow smooth, support connection, help everyone feel welcome and included, and to provide accessibility and maintain safety. Similar to arriving at a restaurant, please approach the hostess stand with your whole party and we will make every effort to try and seat you together. Large parties will likely be split. During the 5-10 minutes where everyone is being seated, we just ask that you don't walk against traffic. It's best to get your drink and use the restroom before being seated or after everyone is seated for safety purposes. Thank you!



Check-in Station (in the lobby) It is a condition of your membership that you scan your membership card each time you come to the Senior Center. If you need a replacement membership card, please go to the front desk. If you forgot your membership card, you can type in your phone number at the check-in station. If you need assistance, please ask a staff member. Once you scan your card, you must check which activity you are here for. If your desired activity is NOT listed, we do not have a record of your registration in that activity. Even if you are coming to the center to play billiards, use the library, conduct business at the front desk—please scan in. It's important for us to track usage of the Senior Center. Any questions, please don't hesitate to ask a staff member. Thank You! Failure to check-in will result in you being marked as a NO SHOW. Manual attendance is taken for bus trips by a staff member.

If you No Show/No Cancel ANY activity, appointment, service at the Senior Center—you WILL be assessed a \$15 service fee on your account. This has been the policy for 3 years and was signed by every member at the time of registration. You are considered a No Show/No Cancel 15 minutes after the advertised start of the program.

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Middletown Senior Center - (860) 638-4540

INCOME TAX QUESTIONS?

The Senior Center does **NOT** provide income tax assistance, however we have compiled the resources we are aware of for you below. **Most services do not start until after 1/31/26.**



Option#1

You can prepare your taxes at myfreetaxes.com Their self-preparation software (accessible by selecting the “File My Own Taxes” option on their myfreetaxes.com homepage) is completely free and available to anyone that earns \$89,000 or less. They connect users to one of two self-preparation software options based on their income. This tool is offered in a partnership between H&R Block and the United Way

Option#2

If your income is LESS THAN \$68,000 per year, the United Way has a program called VITA—Volunteer Income Tax Assistance. To get scheduled, you can call 2-1-1 or visit 211ct.org (https://www.211ct.org/topic_pages/taxassistance) to schedule an appointment for a weekend or evening at a downtown Middletown location.

Option#3

AARP Foundation Tax-Aide focuses on providing assistance to Connecticut residents with a focus on taxpayers who are over 50 and have low to moderate income. You don't need to be an AARP member to use the service. AARP Tax-Aide Income Tax Assistance sites are active during the tax season February-April. To find a site, call in February 888-AARP-NOW (1-888-227-7669) or visit www.aarp.org/taxaide

Option#4 (Paid Tax Filing Assistance)

If you don't qualify for the above services, we would recommend you contact a local H&R Block office in Middletown at (860) 638-3993 (Main St) or (860) 346-2350 (Washington St) or (860) 635-7447 (Cromwell). You could also reach out to Jackson Hewitt Tax Service on Washington St at (860) 471-8551. There are a number of other local tax preparation services accepting clients for a fee. Some members do it themselves online at <https://turbotax.intuit.com/>

REMINDER—INCLEMENT WEATHER POLICY

We follow Middletown Public Schools for inclement weather related closures. They publish their delays, closures, and early dismissals on their Facebook page, on their website, and send to all local news stations. You will **NOT** receive notice from us of inclement weather related closures. Please check one of the above sources for Middletown Public Schools.

IF Middletown Public Schools has a delayed opening = Senior Center OPENS to the public at 12pm

IF Middletown Public Schools is closed = Senior Center CLOSED to the public

IF Middletown Public Schools is closing early = Senior Center CLOSED to the public at 12pm

Lunch is served at the discretion of the lunch provider. The café coordinator comes in at 10am. We won't know until then. Any questions about the congregate lunch program should be directed to (860) 638-4543.



Bus trips follow the above policy. If the Senior Center opens to the public at 12pm, no trips departing before noon would run.

If the Senior Center is closed to the public, no trips would run.