



City of Middletown

# Mixed Recycling Guidelines

Place these items in your **curbside** container at home.

## Mixed Paper

Recycle newspaper & inserts, junk mail, envelopes, flyers, magazines, catalogs, paperback books, phone books, hard and soft cover books, paper bags, tissue boxes, all paperboard boxes, paper towel rolls, cartons and boxes used for soup, milk, juice, and egg cartons. Corrugated cardboard (cut to fit in the cart).

## Plastic Containers

Recycle empty plastic bottles and tubs, such as water bottles, margarine tubs, laundry detergent bottles and one use plastic cups. Caps are okay if they are left on the containers. No waste oil or hazardous waste containers.

## Metal Containers

Recycle empty food and beverage aluminum and steel cans, clean aluminum foil, pie plates and trays. Tops and labels are okay. Food grade aerosol cans are ok. All should be clean and dry.

## Glass Bottles

Recycle glass bottles and jars, caps ON THE BOTTLES and labels are okay. Bottles must be rinsed and empty. No ceramic mugs or plates. No drinking glasses.

## Drink Boxes, Milk & Soup Cartons

Empty and rinsed. No straws.



Do not include: gift wrap, ice cream containers, paper cups (hot and cold), shredded paper, take out food containers, non food grade aerosol cans, foil tops from yogurt, paint cans, pots and pans, small pieces of scrap wood, spiral wound containers, loose bottle caps, plastic bags and wraps, plastic plates and utensils, prescription bottles, single use coffee containers, water filters.

# Recycling Off The Curb –What else can I recycle where?



## Plastic Film and Bags

Plastic film from paper towels, water bottles, bread bags, dry cleaning bags, air pillows and plastic shopping bags can be brought to Price Chopper, Aldi or Stop and Shop in Middletown. Film and bags must be clean and dry.

## Fluorescent Bulbs

Most fluorescent bulbs contain mercury and should be disposed of properly. Compact fluorescent bulbs can be brought to Home Depot or Lowes for recycling. The Recycling Center and City Hall also accept them. Long fluorescent tubes from residences can be brought to the Recycling Center or to a HHW Collection Day for safe disposal.



## At the Recycling Center

The Middletown Recycling Center will accept the following items in addition to regular curbside recycling: antifreeze, lead acid batteries, household electronics, unflattened cardboard boxes, demolition and construction debris\*, leaves and grass, brush, appliances\*, scrap metal\*, and tires\*. There is a charge for \* items.



## Household Hazardous Waste Collection Day

The City hosts a collection day in the fall and residents are able to go to days in other River COG towns in the spring. Acceptable items include paint and paint products, lawn chemicals, fluorescent tubes, all batteries, transmission and brake fluid, artists paints, pool chemicals and other toxic household items.

## Fire Extinguishers

can be brought to Roybal Fire Equipment, 33 Forest St, Middletown. 860-347-2189.



**Paint**— Paint can be brought to a Paintcare location anytime throughout the year. There is usually a limit on how much you can bring, so check first. In Middletown, Ace Hardware on South Main St will accept used paint. All Sherwin Williams locations take old paint as well.

**Asbestos**—its best to have a licensed contractor handle any asbestos material. If you do have some, the HHW collection day will accept small amounts that is doubled bagged and wet. You can also contact: Red Technologies at 860-342-1022.

For more information contact the City Recycling Coordinator at 860-638-4855 or [kim.orourke@middletownct.gov](mailto:kim.orourke@middletownct.gov).

# Middletown Recycling Guide

## What Else Can I Recycle?

### Textiles

Textiles such as clothing, shoes, backpacks, pillows, and blankets can be brought to the Textile Bin at many Middletown schools and the Senior Center on Durant Street. Participating schools are: Bielefield, Beman, Farm Hill, Lawrence, MHS, Moody, Snow, Spencer, Wesley.



Textiles can also be brought to local charities such as Salvation Army, Goodwill or Savers. Unfortunately our curbside program with the pink bags has been discontinued due to COVID.



### Unused Medication

Unused medication should not be flushed down the toilet. It should be brought to a Drug Take Back Day, which is held at the Middletown Police Department in April and October. Some other police Departments will take unused medication back regularly and CVS on East Main Street has a drop off.

### Recycling at City Hall

The following items are acceptable on the 2nd floor of City Hall:

- Alkaline batteries (regular household batteries)
- Nicad and Lithium Ion Batteries
- Plastic gift cards
- CFLS
- CDs, DVDs, VHS tapes, cell phones.
- Plastic bags and film
- Corks
- Toothbrushes & toothpaste tubes



## Propane Tanks

Empty propane tanks can be brought to the Middletown Recycling Center.

Other locations that take propane are listed below. Charges may apply.

Lehigh Gas Service

1153 Newfield St

Middletown, CT 06457

860-632-2323

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Cross Automotive

708 Silas Deane Highway

Wethersfield, CT 06109

(860) 529-5743

## Oxygen Tanks

The Middletown Recycling Center can accept empty oxygen tanks if the valves are removed. They are accepted as scrap metal. Sealed tanks are unacceptable.



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## Helium Tanks

The Middletown Recycling Center does accept empty helium tanks. Please be careful with the release of balloons as they can harm our animal friends.



## Food Waste!

Food Waste can account for 25% of your waste. Food waste should be separated from regular trash and either composted at home, brought to the recycling center or picked up by a private food waste collector.

The City takes food waste at no charge at the Recycling Center. It must be loose, no bags, and dumped into these containers.

More information can be found at

<http://www.middletownct.gov/1074/Food-Scraps-at-the-Recycling-Center>



### FOOD WASTE RECYCLING

#### Acceptable Food Waste Items:

- Meat & Bones
- Shellfish & Fish Products
- Dairy Products
- Egg Shells
- Vegetable & Fruit Scraps
- Pits & Peels
- Condiments & Spices
- Pasta, Bread, & Cereals
- Coffee Grounds, Filters & Tea Bags
- Food Soiled Paper Napkins
- Muffin or Cupcake Wrappers
- Parchment or Baking Paper
- UNCOATED Paper Plates
- Plants & Herbs
- Incidental Oils & Fats

#### Please Do Not Include:

- Any Metal, Plastic or Glass
- Styrofoam
- Candles, Corks or Gum
- Twist Ties & Rubber Bands
- Disposable Mops & Cleaning Sheets

## Brush and Leaves

Residents can bring brush and leaves to the Recycling center throughout the year at no charge.

The City will pick up leaves in the fall only. They can be raked to curb or put in brown paper bags.

Storm related brush can be put at the curb for pick up throughout the year. Brush must be less than 6" in diameter and cut to 4' lengths.

